

Atlantic Highlands, NJ - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:11	4.9	7:37	6.5	1:21	-0.2	1:20	-0.1	5:29	8:30	
2	Fri	8:07	5.0	8:30	6.5	2:17	-0.4	2:18	-0.2	5:30	8:30	
3	Sat	9:03	5.1	9:24	6.4	3:11	-0.6	3:15	-0.1	5:30	8:29	
4	Sun	10:00	5.2	10:19	6.1	4:03	-0.6	4:09	0.0	5:31	8:29	
5	Mon	10:58	5.1	11:14	5.8	4:51	-0.5	5:01	0.2	5:32	8:29	
6	Tue	11:55	5.1			5:39	-0.3	5:54	0.4	5:32	8:29	
7	Wed	12:10	5.5	12:50	5.1	6:28	-0.1	6:52	0.7	5:33	8:28	
8	Thu	1:03	5.2	1:42	5.1	7:19	0.2	7:54	1.0	5:34	8:28	
9	Fri	1:53	4.8	2:30	5.0	8:12	0.4	8:57	1.1	5:34	8:28	
10	Sat	2:43	4.5	3:18	5.0	9:03	0.6	9:56	1.1	5:35	8:27	
11	Sun	3:34	4.3	4:07	5.0	9:53	0.8	10:50	1.0	5:36	8:27	
12	Mon	4:30	4.1	4:59	5.0	10:40	0.8	11:39	0.9	5:36	8:26	
13	Tue	5:26	4.1	5:49	5.1	11:25	0.9			5:37	8:26	
14	Wed	6:19	4.2	6:34	5.2	12:25	0.7	12:10	0.8	5:38	8:25	
15	Thu	7:06	4.3	7:16	5.3	1:10	0.6	12:54	0.8	5:39	8:25	
16	Fri	7:49	4.4	7:55	5.4	1:54	0.5	1:39	0.8	5:39	8:24	
17	Sat	8:30	4.4	8:32	5.4	2:37	0.4	2:24	0.8	5:40	8:23	
18	Sun	9:10	4.4	9:07	5.4	3:18	0.3	3:07	0.7	5:41	8:23	
19	Mon	9:50	4.5	9:42	5.3	3:55	0.3	3:47	0.8	5:42	8:22	
20	Tue	10:29	4.5	10:19	5.2	4:30	0.3	4:25	0.8	5:43	8:21	
21	Wed	11:10	4.6	10:59	5.0	5:03	0.3	5:03	0.8	5:44	8:21	
22	Thu	11:53	4.7	11:46	4.9	5:37	0.4	5:46	0.9	5:44	8:20	
23	Fri			12:39	4.9	6:13	0.5	6:37	1.0	5:45	8:19	
24	Sat	12:38	4.7	1:28	5.1	6:57	0.5	7:43	1.0	5:46	8:18	
25	Sun	1:33	4.6	2:19	5.3	7:52	0.6	8:56	1.0	5:47	8:17	
26	Mon	2:31	4.5	3:16	5.5	8:58	0.6	10:06	0.8	5:48	8:16	
27	Tue	3:36	4.4	4:20	5.7	10:04	0.5	11:10	0.5	5:49	8:15	
28	Wed	4:49	4.4	5:27	5.9	11:08	0.3			5:50	8:14	
29	Thu	5:58	4.6	6:28	6.1	12:09	0.2	12:08	0.2	5:51	8:13	
30	Fri	6:59	4.9	7:24	6.3	1:05	-0.1	1:07	0.0	5:52	8:12	
31	Sat	7:55	5.2	8:17	6.4	2:00	-0.3	2:05	-0.1	5:53	8:11	