

Atlantic Highlands, NJ - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:48	5.3	9:08	6.3	2:53	-0.5	3:01	-0.1	5:54	8:10	
2	Mon	9:40	5.4	9:58	6.1	3:41	-0.6	3:53	-0.1	5:55	8:09	
3	Tue	10:32	5.4	10:49	5.7	4:26	-0.5	4:42	0.1	5:55	8:08	
4	Wed	11:24	5.3	11:39	5.4	5:10	-0.3	5:30	0.4	5:56	8:07	
5	Thu			12:15	5.2	5:52	0.0	6:20	0.7	5:57	8:06	
6	Fri	12:30	5.0	1:04	5.1	6:36	0.4	7:16	1.0	5:58	8:05	
7	Sat	1:20	4.6	1:51	5.0	7:23	0.7	8:17	1.2	5:59	8:03	
8	Sun	2:09	4.3	2:37	4.9	8:14	1.0	9:19	1.3	6:00	8:02	
9	Mon	2:59	4.1	3:25	4.8	9:09	1.1	10:17	1.2	6:01	8:01	
10	Tue	3:54	4.0	4:19	4.8	10:03	1.2	11:09	1.1	6:02	8:00	
11	Wed	4:54	4.0	5:15	4.9	10:55	1.1	11:57	0.9	6:03	7:58	
12	Thu	5:51	4.1	6:07	5.1	11:44	1.0			6:04	7:57	
13	Fri	6:41	4.3	6:52	5.2	12:42	0.7	12:30	0.9	6:05	7:56	
14	Sat	7:24	4.5	7:31	5.4	1:25	0.6	1:16	0.8	6:06	7:54	
15	Sun	8:04	4.7	8:08	5.5	2:08	0.4	2:01	0.7	6:07	7:53	
16	Mon	8:42	4.8	8:43	5.5	2:48	0.3	2:45	0.6	6:08	7:52	
17	Tue	9:19	4.9	9:18	5.5	3:25	0.2	3:26	0.5	6:09	7:50	
18	Wed	9:55	5.0	9:55	5.3	4:00	0.2	4:06	0.5	6:10	7:49	
19	Thu	10:34	5.1	10:36	5.2	4:33	0.2	4:46	0.5	6:11	7:47	
20	Fri	11:17	5.2	11:23	4.9	5:06	0.3	5:29	0.6	6:12	7:46	
21	Sat			12:06	5.3	5:42	0.4	6:20	0.8	6:13	7:44	
22	Sun	12:17	4.7	1:00	5.4	6:25	0.5	7:24	0.9	6:14	7:43	
23	Mon	1:17	4.5	1:57	5.4	7:23	0.7	8:39	1.0	6:15	7:41	
24	Tue	2:19	4.4	2:58	5.5	8:37	0.8	9:52	0.8	6:16	7:40	
25	Wed	3:26	4.3	4:05	5.6	9:52	0.7	10:57	0.6	6:17	7:38	
26	Thu	4:39	4.5	5:14	5.7	10:59	0.5	11:55	0.3	6:18	7:37	
27	Fri	5:49	4.7	6:17	6.0			12:00	0.3	6:19	7:35	
28	Sat	6:48	5.1	7:11	6.1	12:49	0.0	12:57	0.1	6:20	7:34	
29	Sun	7:40	5.4	8:00	6.2	1:40	-0.2	1:52	0.0	6:21	7:32	
30	Mon	8:29	5.6	8:47	6.1	2:29	-0.4	2:44	-0.1	6:22	7:31	
31	Tue	9:15	5.7	9:33	5.9	3:14	-0.4	3:33	0.0	6:23	7:29	