

## Atlantic Highlands, NJ - Jan 2006

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Sun | 8:08  | 5.9 | 8:40  | 4.6 | 2:00  | -0.6 | 2:50  | -1.0 | 7:19                                                                                | 4:40 | ☀                                                                                   |
| 2    | Mon | 9:00  | 5.8 | 9:34  | 4.6 | 2:52  | -0.6 | 3:37  | -1.0 | 7:19                                                                                | 4:41 | ☀                                                                                   |
| 3    | Tue | 9:54  | 5.5 | 10:32 | 4.7 | 3:43  | -0.5 | 4:24  | -0.9 | 7:19                                                                                | 4:42 | ☀                                                                                   |
| 4    | Wed | 10:50 | 5.2 | 11:30 | 4.7 | 4:36  | -0.4 | 5:12  | -0.8 | 7:19                                                                                | 4:42 | ☀                                                                                   |
| 5    | Thu | 11:47 | 4.9 |       |     | 5:34  | -0.1 | 6:05  | -0.5 | 7:19                                                                                | 4:43 | ☀                                                                                   |
| 6    | Fri | 12:26 | 4.8 | 12:43 | 4.6 | 6:40  | 0.2  | 7:03  | -0.3 | 7:19                                                                                | 4:44 | ☀                                                                                   |
| 7    | Sat | 1:20  | 4.8 | 1:38  | 4.2 | 7:50  | 0.3  | 8:02  | -0.2 | 7:19                                                                                | 4:45 | ☀                                                                                   |
| 8    | Sun | 2:15  | 4.7 | 2:36  | 4.0 | 8:57  | 0.3  | 9:00  | -0.1 | 7:19                                                                                | 4:46 | ☀                                                                                   |
| 9    | Mon | 3:13  | 4.7 | 3:39  | 3.8 | 9:58  | 0.2  | 9:54  | 0.0  | 7:18                                                                                | 4:47 | ☀                                                                                   |
| 10   | Tue | 4:12  | 4.7 | 4:41  | 3.8 | 10:52 | 0.1  | 10:45 | 0.0  | 7:18                                                                                | 4:48 | ☀                                                                                   |
| 11   | Wed | 5:07  | 4.8 | 5:35  | 3.9 | 11:42 | 0.0  | 11:33 | 0.0  | 7:18                                                                                | 4:49 | ☀                                                                                   |
| 12   | Thu | 5:55  | 4.9 | 6:23  | 4.0 |       |      | 12:30 | -0.1 | 7:18                                                                                | 4:50 | ☀                                                                                   |
| 13   | Fri | 6:39  | 4.9 | 7:07  | 4.0 | 12:20 | 0.0  | 1:15  | -0.2 | 7:17                                                                                | 4:51 | ☀                                                                                   |
| 14   | Sat | 7:19  | 4.9 | 7:49  | 4.1 | 1:05  | 0.0  | 1:57  | -0.3 | 7:17                                                                                | 4:53 | ☀                                                                                   |
| 15   | Sun | 7:58  | 4.8 | 8:30  | 4.1 | 1:49  | 0.0  | 2:36  | -0.3 | 7:17                                                                                | 4:54 | ☀                                                                                   |
| 16   | Mon | 8:36  | 4.7 | 9:11  | 4.0 | 2:30  | 0.0  | 3:12  | -0.2 | 7:16                                                                                | 4:55 | ☀                                                                                   |
| 17   | Tue | 9:12  | 4.5 | 9:52  | 4.0 | 3:08  | 0.1  | 3:45  | -0.2 | 7:16                                                                                | 4:56 | ☀                                                                                   |
| 18   | Wed | 9:49  | 4.3 | 10:33 | 3.9 | 3:45  | 0.2  | 4:17  | 0.0  | 7:15                                                                                | 4:57 | ☀                                                                                   |
| 19   | Thu | 10:26 | 4.1 | 11:14 | 3.9 | 4:21  | 0.4  | 4:47  | 0.1  | 7:15                                                                                | 4:58 | ☀                                                                                   |
| 20   | Fri | 11:05 | 3.9 | 11:54 | 3.9 | 5:00  | 0.6  | 5:19  | 0.3  | 7:14                                                                                | 4:59 | ☀                                                                                   |
| 21   | Sat | 11:49 | 3.7 |       |     | 5:47  | 0.7  | 5:58  | 0.4  | 7:14                                                                                | 5:00 | ☀                                                                                   |
| 22   | Sun | 12:36 | 4.0 | 12:37 | 3.5 | 6:49  | 0.8  | 6:49  | 0.5  | 7:13                                                                                | 5:02 | ☀                                                                                   |
| 23   | Mon | 1:21  | 4.1 | 1:31  | 3.4 | 8:01  | 0.8  | 7:54  | 0.5  | 7:12                                                                                | 5:03 | ☀                                                                                   |
| 24   | Tue | 2:13  | 4.3 | 2:34  | 3.3 | 9:09  | 0.6  | 9:01  | 0.4  | 7:11                                                                                | 5:04 | ☀                                                                                   |
| 25   | Wed | 3:15  | 4.5 | 3:46  | 3.4 | 10:10 | 0.3  | 10:03 | 0.2  | 7:11                                                                                | 5:05 | ☀                                                                                   |
| 26   | Thu | 4:21  | 4.8 | 4:54  | 3.7 | 11:06 | -0.1 | 11:01 | -0.1 | 7:10                                                                                | 5:06 | ☀                                                                                   |
| 27   | Fri | 5:21  | 5.2 | 5:51  | 4.1 | 11:59 | -0.5 | 11:57 | -0.5 | 7:09                                                                                | 5:08 | ☀                                                                                   |
| 28   | Sat | 6:14  | 5.5 | 6:43  | 4.4 |       |      | 12:51 | -0.8 | 7:08                                                                                | 5:09 | ☀                                                                                   |
| 29   | Sun | 7:05  | 5.8 | 7:33  | 4.7 | 12:53 | -0.7 | 1:42  | -1.1 | 7:08                                                                                | 5:10 | ☀                                                                                   |
| 30   | Mon | 7:55  | 5.8 | 8:24  | 5.0 | 1:48  | -1.0 | 2:29  | -1.3 | 7:07                                                                                | 5:11 | ☀                                                                                   |
| 31   | Tue | 8:45  | 5.7 | 9:15  | 5.1 | 2:40  | -1.0 | 3:15  | -1.4 | 7:06                                                                                | 5:13 | ☀                                                                                   |