

Atlantic Highlands, NJ - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:25	5.7	8:52	5.6	2:25	-1.2	2:49	-1.4	6:29	5:47	
2	Thu	9:15	5.4	9:42	5.5	3:15	-1.1	3:33	-1.2	6:27	5:48	
3	Fri	10:07	5.0	10:34	5.3	4:04	-0.8	4:16	-0.9	6:26	5:49	
4	Sat	11:01	4.6	11:27	5.0	4:54	-0.4	5:01	-0.4	6:24	5:50	
5	Sun	11:56	4.2			5:50	0.0	5:52	0.1	6:23	5:51	
6	Mon	12:21	4.7	12:53	3.9	6:54	0.4	6:53	0.5	6:21	5:52	
7	Tue	1:15	4.4	1:50	3.6	8:04	0.6	8:01	0.8	6:20	5:54	
8	Wed	2:13	4.2	2:51	3.5	9:10	0.6	9:06	0.8	6:18	5:55	
9	Thu	3:16	4.1	3:56	3.6	10:07	0.5	10:04	0.7	6:17	5:56	
10	Fri	4:20	4.2	4:54	3.8	10:55	0.4	10:54	0.5	6:15	5:57	
11	Sat	5:13	4.3	5:41	4.1	11:38	0.2	11:40	0.3	6:13	5:58	
12	Sun	5:57	4.5	6:22	4.4			12:18	0.1	6:12	5:59	
13	Mon	6:35	4.6	6:59	4.6	12:23	0.2	12:56	-0.1	6:10	6:00	
14	Tue	7:11	4.7	7:34	4.7	1:05	0.0	1:32	-0.2	6:09	6:01	
15	Wed	7:44	4.7	8:07	4.8	1:46	-0.1	2:06	-0.2	6:07	6:02	
16	Thu	8:16	4.5	8:38	4.8	2:24	-0.1	2:38	-0.1	6:05	6:03	
17	Fri	8:48	4.4	9:08	4.8	3:00	-0.1	3:07	0.0	6:04	6:04	
18	Sat	9:20	4.2	9:40	4.7	3:35	0.0	3:35	0.2	6:02	6:05	
19	Sun	9:57	4.0	10:18	4.7	4:10	0.2	4:02	0.3	6:00	6:06	
20	Mon	10:42	3.8	11:07	4.6	4:49	0.4	4:36	0.5	5:59	6:07	
21	Tue	11:39	3.7			5:39	0.6	5:21	0.7	5:57	6:09	
22	Wed	12:06	4.6	12:42	3.6	6:51	0.7	6:35	0.8	5:55	6:10	
23	Thu	1:10	4.6	1:49	3.7	8:10	0.6	8:10	0.7	5:54	6:11	
24	Fri	2:19	4.7	3:00	3.9	9:18	0.4	9:27	0.4	5:52	6:12	
25	Sat	3:32	4.9	4:11	4.3	10:17	0.0	10:31	0.0	5:50	6:13	
26	Sun	4:39	5.2	5:12	4.9	11:10	-0.4	11:28	-0.4	5:49	6:14	
27	Mon	5:36	5.5	6:04	5.4	11:59	-0.7			5:47	6:15	
28	Tue	6:27	5.7	6:53	5.8	12:23	-0.7	12:48	-1.0	5:46	6:16	
29	Wed	7:16	5.7	7:40	6.0	1:17	-0.9	1:35	-1.1	5:44	6:17	
30	Thu	8:04	5.5	8:27	6.0	2:08	-1.0	2:21	-1.0	5:42	6:18	
31	Fri	8:53	5.3	9:14	5.8	2:57	-0.9	3:05	-0.8	5:41	6:19	