

Atlantic Highlands, NJ - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:00	4.7	12:50	4.5	6:21	0.7	6:29	1.3	5:29	8:30	
2	Sun	12:44	4.5	1:33	4.5	7:01	0.8	7:24	1.5	5:30	8:30	
3	Mon	1:28	4.3	2:15	4.6	7:46	1.0	8:26	1.5	5:30	8:30	
4	Tue	2:12	4.1	2:57	4.7	8:36	1.0	9:28	1.4	5:31	8:29	
5	Wed	2:59	4.0	3:43	4.8	9:27	1.0	10:25	1.2	5:31	8:29	
6	Thu	3:55	3.9	4:35	5.0	10:18	1.0	11:18	0.9	5:32	8:29	
7	Fri	4:57	3.9	5:29	5.3	11:09	0.9			5:33	8:29	
8	Sat	5:57	4.1	6:20	5.6	12:09	0.7	11:59 AM	0.7	5:33	8:28	
9	Sun	6:50	4.3	7:08	5.8	1:00	0.4	12:49	0.6	5:34	8:28	
10	Mon	7:39	4.5	7:55	6.1	1:50	0.1	1:42	0.4	5:35	8:27	
11	Tue	8:27	4.7	8:43	6.2	2:40	-0.1	2:36	0.2	5:35	8:27	
12	Wed	9:17	4.9	9:33	6.1	3:28	-0.3	3:28	0.1	5:36	8:27	
13	Thu	10:09	5.1	10:25	6.0	4:14	-0.4	4:19	0.1	5:37	8:26	
14	Fri	11:04	5.2	11:20	5.8	4:59	-0.5	5:10	0.2	5:38	8:26	
15	Sat			12:00	5.3	5:44	-0.4	6:05	0.3	5:38	8:25	
16	Sun	12:16	5.5	12:56	5.4	6:33	-0.2	7:07	0.6	5:39	8:24	
17	Mon	1:11	5.2	1:50	5.5	7:27	0.0	8:15	0.7	5:40	8:24	
18	Tue	2:06	4.9	2:43	5.5	8:24	0.2	9:23	0.7	5:41	8:23	
19	Wed	3:03	4.6	3:39	5.5	9:24	0.4	10:27	0.7	5:41	8:22	
20	Thu	4:04	4.4	4:38	5.4	10:22	0.5	11:25	0.6	5:42	8:22	
21	Fri	5:08	4.3	5:37	5.4	11:16	0.5			5:43	8:21	
22	Sat	6:09	4.4	6:31	5.5	12:18	0.5	12:08	0.6	5:44	8:20	
23	Sun	7:02	4.5	7:18	5.5	1:08	0.4	12:58	0.6	5:45	8:19	
24	Mon	7:49	4.6	8:02	5.5	1:56	0.3	1:46	0.6	5:46	8:19	
25	Tue	8:33	4.7	8:42	5.5	2:40	0.2	2:33	0.6	5:47	8:18	
26	Wed	9:16	4.7	9:22	5.3	3:21	0.2	3:17	0.6	5:48	8:17	
27	Thu	9:58	4.7	10:00	5.2	3:59	0.2	3:57	0.7	5:48	8:16	
28	Fri	10:40	4.7	10:38	4.9	4:33	0.3	4:35	0.8	5:49	8:15	
29	Sat	11:22	4.7	11:17	4.7	5:05	0.5	5:13	1.0	5:50	8:14	
30	Sun			12:04	4.6	5:36	0.6	5:52	1.2	5:51	8:13	
31	Mon			12:44	4.7	6:08	0.8	6:37	1.3	5:52	8:12	