

































## Atlantic Highlands, NJ - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:24	5.3	5:54	4.3			12:01	-0.4	7:19	4:40	
2	Tue	6:16	5.4	6:45	4.3			12:53	-0.5	7:19	4:40	
3	Wed	7:03	5.4	7:34	4.4	12:47	-0.3	1:42	-0.5	7:19	4:41	
4	Thu	7:48	5.3	8:20	4.4	1:37	-0.3	2:28	-0.6	7:19	4:42	
5	Fri	8:32	5.1	9:07	4.3	2:24	-0.2	3:09	-0.5	7:19	4:43	
6	Sat	9:15	4.9	9:53	4.2	3:07	0.0	3:48	-0.3	7:19	4:44	
7	Sun	9:59	4.6	10:40	4.1	3:48	0.1	4:25	-0.2	7:19	4:45	
8	Mon	10:43	4.3	11:27	4.1	4:28	0.4	5:02	0.1	7:19	4:46	
9	Tue	11:28	4.0			5:12	0.6	5:40	0.3	7:18	4:47	
10	Wed	12:11	4.0	12:13	3.8	6:02	0.8	6:23	0.4	7:18	4:48	
11	Thu	12:55	4.0	12:58	3.6	7:02	0.9	7:14	0.6	7:18	4:49	
12	Fri	1:39	4.1	1:46	3.4	8:06	0.9	8:09	0.6	7:18	4:50	
13	Sat	2:26	4.1	2:41	3.3	9:07	0.8	9:04	0.6	7:17	4:51	
14	Sun	3:19	4.2	3:43	3.3	10:03	0.5	9:57	0.5	7:17	4:52	
15	Mon	4:15	4.4	4:44	3.4	10:54	0.3	10:47	0.3	7:17	4:53	
16	Tue	5:08	4.7	5:36	3.7	11:43	0.0	11:36	0.1	7:16	4:54	
17	Wed	5:55	5.0	6:22	3.9			12:31	-0.3	7:16	4:56	
18	Thu	6:39	5.3	7:06	4.1	12:25	-0.1	1:18	-0.6	7:15	4:57	
19	Fri	7:23	5.5	7:50	4.4	1:14	-0.4	2:03	-0.8	7:15	4:58	
20	Sat	8:07	5.5	8:36	4.5	2:04	-0.5	2:46	-0.9	7:14	4:59	
21	Sun	8:54	5.4	9:25	4.7	2:51	-0.6	3:28	-1.0	7:14	5:00	
22	Mon	9:43	5.2	10:17	4.8	3:39	-0.6	4:10	-1.0	7:13	5:01	
23	Tue	10:36	4.9	11:12	4.8	4:28	-0.4	4:54	-0.8	7:12	5:03	
24	Wed	11:32	4.6			5:24	-0.2	5:43	-0.6	7:12	5:04	
25	Thu	12:07	4.8	12:29	4.3	6:29	0.1	6:41	-0.3	7:11	5:05	
26	Fri	1:03	4.8	1:27	4.0	7:41	0.2	7:45	-0.1	7:10	5:06	
27	Sat	2:01	4.7	2:30	3.8	8:52	0.2	8:51	0.0	7:09	5:07	
28	Sun	3:05	4.7	3:38	3.7	9:57	0.1	9:53	0.0	7:09	5:09	
29	Mon	4:11	4.7	4:45	3.8	10:55	-0.1	10:50	-0.1	7:08	5:10	
30	Tue	5:12	4.8	5:43	4.0	11:47	-0.2	11:43	-0.1	7:07	5:11	
31	Wed	6:04	4.9	6:32	4.2			12:36	-0.4	7:06	5:12	