

































## Atlantic Highlands, NJ - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:47	4.7	6:13	4.3			12:13	-0.2	6:29	5:47	
2	Fri	6:29	4.8	6:54	4.5	12:15	0.0	12:54	-0.3	6:28	5:48	
3	Sat	7:08	4.8	7:32	4.7	1:00	-0.1	1:33	-0.4	6:26	5:49	
4	Sun	7:44	4.8	8:09	4.7	1:42	-0.2	2:08	-0.4	6:25	5:50	
5	Mon	8:19	4.6	8:44	4.7	2:21	-0.2	2:41	-0.3	6:23	5:51	
6	Tue	8:54	4.4	9:18	4.7	2:58	-0.2	3:12	-0.2	6:22	5:52	
7	Wed	9:28	4.2	9:52	4.5	3:33	0.0	3:40	0.0	6:20	5:53	
8	Thu	10:04	3.9	10:27	4.4	4:07	0.2	4:07	0.3	6:19	5:54	
9	Fri	10:43	3.7	11:06	4.3	4:43	0.4	4:35	0.5	6:17	5:55	
10	Sat	11:28	3.5	11:51	4.2	5:24	0.6	5:08	0.7	6:15	5:57	
11	Sun			1:20	3.4	7:21	0.8	6:58	0.9	7:14	6:58	
12	Mon	1:44	4.2	2:18	3.3	8:36	0.9	8:20	1.0	7:12	6:59	
13	Tue	2:44	4.2	3:22	3.4	9:48	0.7	9:45	0.8	7:11	7:00	
14	Wed	3:51	4.4	4:33	3.6	10:49	0.4	10:53	0.5	7:09	7:01	
15	Thu	5:01	4.7	5:37	4.1	11:42	0.1	11:51	0.1	7:07	7:02	
16	Fri	6:01	5.0	6:31	4.6			12:31	-0.3	7:06	7:03	
17	Sat	6:54	5.4	7:19	5.1	12:45	-0.3	1:18	-0.7	7:04	7:04	
18	Sun	7:42	5.6	8:06	5.6	1:39	-0.7	2:05	-1.0	7:02	7:05	
19	Mon	8:29	5.6	8:52	5.8	2:31	-0.9	2:51	-1.1	7:01	7:06	
20	Tue	9:17	5.5	9:40	5.9	3:22	-1.0	3:37	-1.1	6:59	7:07	
21	Wed	10:08	5.3	10:30	5.8	4:12	-1.0	4:21	-0.9	6:57	7:08	
22	Thu	11:01	4.9	11:24	5.5	5:01	-0.7	5:07	-0.6	6:56	7:09	
23	Fri			12:00	4.6	5:54	-0.4	5:56	-0.2	6:54	7:10	
24	Sat	12:22	5.2	1:00	4.3	6:53	0.0	6:53	0.3	6:53	7:11	
25	Sun	1:22	4.9	2:01	4.0	8:02	0.4	8:03	0.6	6:51	7:12	
26	Mon	2:22	4.6	3:02	3.9	9:13	0.5	9:17	0.8	6:49	7:14	
27	Tue	3:24	4.4	4:06	3.9	10:18	0.5	10:23	0.7	6:48	7:15	
28	Wed	4:29	4.3	5:08	4.1	11:12	0.4	11:19	0.6	6:46	7:16	
29	Thu	5:30	4.4	6:02	4.4	11:59	0.2			6:44	7:17	
30	Fri	6:20	4.5	6:47	4.6	12:08	0.4	12:40	0.1	6:43	7:18	
31	Sat	7:02	4.6	7:26	4.9	12:53	0.2	1:18	0.0	6:41	7:19	