
































## Atlantic Highlands, NJ - Nov 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:20	4.6	1:37	5.1	7:13	0.9	8:19	0.7	7:25	5:53	
2	Fri	2:19	4.5	2:35	4.9	8:25	1.1	9:22	0.7	7:26	5:52	
3	Sat	3:16	4.5	3:31	4.7	9:34	1.1	10:16	0.6	7:28	5:51	
4	Sun	3:13	4.7	3:28	4.6	9:32	1.0	10:02	0.5	6:29	4:50	
5	Mon	4:06	4.8	4:21	4.6	10:22	0.8	10:43	0.5	6:30	4:49	
6	Tue	4:54	5.1	5:09	4.6	11:07	0.6	11:20	0.4	6:31	4:47	
7	Wed	5:35	5.3	5:51	4.6	11:50	0.5	11:57	0.4	6:32	4:46	
8	Thu	6:13	5.4	6:29	4.6			12:32	0.4	6:33	4:45	
9	Fri	6:48	5.5	7:07	4.6	12:34	0.4	1:13	0.3	6:35	4:44	
10	Sat	7:22	5.5	7:43	4.4	1:12	0.5	1:54	0.3	6:36	4:43	
11	Sun	7:56	5.4	8:20	4.3	1:49	0.6	2:34	0.3	6:37	4:42	
12	Mon	8:29	5.2	8:57	4.1	2:25	0.7	3:12	0.4	6:38	4:41	
13	Tue	9:03	5.1	9:38	3.9	3:00	0.8	3:49	0.5	6:39	4:41	
14	Wed	9:42	4.9	10:25	3.8	3:34	1.0	4:28	0.7	6:40	4:40	
15	Thu	10:30	4.8	11:20	3.8	4:10	1.1	5:13	0.8	6:42	4:39	
16	Fri	11:27	4.7			4:55	1.2	6:06	0.8	6:43	4:38	
17	Sat	12:16	4.0	12:26	4.7	6:00	1.3	7:07	0.7	6:44	4:37	
18	Sun	1:10	4.2	1:23	4.7	7:22	1.2	8:08	0.5	6:45	4:37	
19	Mon	2:06	4.5	2:23	4.8	8:37	0.9	9:03	0.2	6:46	4:36	
20	Tue	3:04	5.0	3:26	4.8	9:40	0.5	9:55	-0.1	6:47	4:35	
21	Wed	4:03	5.4	4:28	4.9	10:38	0.1	10:45	-0.3	6:48	4:35	
22	Thu	4:59	5.9	5:26	5.1	11:33	-0.2	11:35	-0.5	6:50	4:34	
23	Fri	5:51	6.2	6:19	5.2			12:27	-0.5	6:51	4:33	
24	Sat	6:41	6.4	7:11	5.2	12:27	-0.6	1:22	-0.6	6:52	4:33	
25	Sun	7:31	6.4	8:04	5.1	1:20	-0.6	2:15	-0.7	6:53	4:32	
26	Mon	8:23	6.2	9:00	4.9	2:13	-0.5	3:07	-0.6	6:54	4:32	
27	Tue	9:17	5.9	9:58	4.7	3:05	-0.3	3:57	-0.4	6:55	4:31	
28	Wed	10:14	5.5	10:58	4.5	3:56	0.0	4:48	-0.2	6:56	4:31	
29	Thu	11:13	5.1	11:58	4.5	4:49	0.4	5:43	0.1	6:57	4:31	
30	Fri			12:10	4.8	5:47	0.7	6:41	0.3	6:58	4:30	