US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Dec 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:53	4.4	1:03	4.5	6:53	1.0	7:39	0.5	6:59	4:30	
2	Sun	1:44	4.4	1:54	4.3	7:59	1.0	8:32	0.5	7:00	4:30	
3	Mon	2:35	4.5	2:46	4.1	8:59	0.9	9:19	0.5	7:01	4:30	
4	Tue	3:26	4.6	3:40	4.0	9:52	0.8	10:02	0.5	7:02	4:29	
5	Wed	4:16	4.8	4:33	4.0	10:39	0.6	10:42	0.4	7:03	4:29	
6	Thu	5:01	4.9	5:21	4.0	11:23	0.4	11:22	0.4	7:04	4:29	
7	Fri	5:43	5.1	6:04	4.1			12:06	0.3	7:05	4:29	
8	Sat	6:21	5.2	6:44	4.1	12:02	0.4	12:50	0.1	7:06	4:29	
9	Sun	6:58	5.2	7:23	4.1	12:43	0.4	1:33	0.1	7:07	4:29	
10	Mon	7:34	5.2	8:01	4.0	1:25	0.4	2:14	0.0	7:08	4:29	
11	Tue	8:09	5.1	8:40	3.9	2:05	0.4	2:54	0.0	7:08	4:29	
12	Wed	8:45	5.0	9:20	3.9	2:44	0.5	3:32	0.0	7:09	4:29	
13	Thu	9:25	4.9	10:05	3.9	3:21	0.5	4:09	0.1	7:10	4:30	
14	Fri	10:11	4.8	10:55	4.0	4:00	0.6	4:49	0.1	7:11	4:30	
15	Sat	11:03	4.7	11:48	4.1	4:45	0.7	5:33	0.2	7:11	4:30	
16	Sun	11:59	4.6			5:42	0.7	6:26	0.2	7:12	4:30	
17	Mon	12:41	4.4	12:55	4.5	6:55	0.7	7:24	0.1	7:13	4:31	
18	Tue	1:35	4.7	1:53	4.4	8:11	0.6	8:24	0.0	7:13	4:31	
19	Wed	2:32	5.0	2:57	4.3	9:19	0.3	9:23	-0.2	7:14	4:31	
20	Thu	3:34	5.3	4:04	4.3	10:20	0.0	10:19	-0.4	7:15	4:32	
21	Fri	4:36	5.5	5:07	4.5	11:18	-0.3	11:14	-0.5	7:15	4:32	
22	Sat	5:34	5.8	6:05	4.6			12:13	-0.6	7:16	4:33	
23	Sun	6:27	5.9	6:59	4.7	12:09	-0.6	1:08	-0.7	7:16	4:33	
24	Mon	7:18	5.9	7:51	4.7	1:04	-0.6	2:01	-0.8	7:16	4:34	
25	Tue	8:09	5.8	8:44	4.7	1:59	-0.6	2:51	-0.8	7:17	4:34	
26	Wed	9:00	5.5	9:38	4.6	2:50	-0.5	3:37	-0.7	7:17	4:35	
27	Thu	9:51	5.2	10:32	4.5	3:38	-0.2	4:23	-0.5	7:18	4:36	
28	Fri	10:43	4.8	11:26	4.4	4:26	0.1	5:08	-0.2	7:18	4:36	
29	Sat	11:35	4.5			5:16	0.4	5:55	0.0	7:18	4:37	
30	Sun	12:16	4.3	12:24	4.2	6:12	0.7	6:45	0.3	7:18	4:38	
31	Mon	1:04	4.3	1:12	3.9	7:14	0.8	7:34	0.4	7:19	4:39	