

































Atlantic Highlands, NJ - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:49	4.3	1:59	3.7	8:14	0.8	8:25	0.5	7:19	4:39	
2	Wed	2:37	4.3	2:52	3.5	9:12	0.7	9:15	0.5	7:19	4:40	
3	Thu	3:29	4.3	3:50	3.4	10:04	0.6	10:02	0.5	7:19	4:41	
4	Fri	4:22	4.5	4:46	3.5	10:52	0.4	10:48	0.4	7:19	4:42	
5	Sat	5:11	4.6	5:36	3.6	11:38	0.2	11:33	0.3	7:19	4:43	
6	Sun	5:55	4.8	6:20	3.8			12:23	0.0	7:19	4:44	
7	Mon	6:35	4.9	7:00	3.9	12:17	0.2	1:07	-0.2	7:19	4:45	
8	Tue	7:12	5.0	7:39	4.0	1:02	0.1	1:50	-0.3	7:19	4:46	
9	Wed	7:49	5.1	8:17	4.0	1:45	0.0	2:30	-0.4	7:18	4:47	
10	Thu	8:27	5.0	8:56	4.1	2:26	0.0	3:07	-0.5	7:18	4:48	
11	Fri	9:06	5.0	9:38	4.2	3:07	-0.1	3:43	-0.5	7:18	4:49	
12	Sat	9:50	4.8	10:24	4.3	3:48	0.0	4:20	-0.5	7:18	4:50	
13	Sun	10:39	4.6	11:16	4.5	4:32	0.1	4:59	-0.4	7:18	4:51	
14	Mon	11:33	4.4			5:25	0.2	5:46	-0.3	7:17	4:52	
15	Tue	12:10	4.6	12:30	4.1	6:32	0.3	6:44	-0.1	7:17	4:53	
16	Wed	1:06	4.7	1:30	4.0	7:48	0.4	7:50	-0.1	7:16	4:54	
17	Thu	2:06	4.8	2:36	3.8	9:01	0.2	8:58	-0.1	7:16	4:55	
18	Fri	3:12	4.9	3:47	3.9	10:06	0.0	10:02	-0.3	7:15	4:56	
19	Sat	4:20	5.1	4:56	4.0	11:05	-0.3	11:02	-0.4	7:15	4:58	
20	Sun	5:23	5.3	5:55	4.3			12:01	-0.6	7:14	4:59	
21	Mon	6:17	5.4	6:48	4.5			12:54	-0.8	7:14	5:00	
22	Tue	7:07	5.5	7:38	4.7	12:53	-0.7	1:44	-0.9	7:13	5:01	
23	Wed	7:54	5.4	8:26	4.7	1:45	-0.7	2:30	-1.0	7:13	5:02	
24	Thu	8:39	5.3	9:13	4.7	2:33	-0.6	3:12	-0.9	7:12	5:03	
25	Fri	9:24	5.0	9:59	4.6	3:18	-0.5	3:51	-0.7	7:11	5:05	
26	Sat	10:09	4.6	10:46	4.5	4:01	-0.2	4:28	-0.5	7:10	5:06	
27	Sun	10:55	4.3	11:32	4.3	4:43	0.0	5:05	-0.1	7:10	5:07	
28	Mon	11:41	3.9			5:29	0.3	5:45	0.2	7:09	5:08	
29	Tue	12:17	4.2	12:27	3.6	6:21	0.6	6:30	0.4	7:08	5:09	
30	Wed	1:02	4.1	1:15	3.4	7:23	0.8	7:25	0.6	7:07	5:11	
31	Thu	1:49	4.0	2:07	3.2	8:27	0.8	8:25	0.7	7:06	5:12	