

































Atlantic Highlands, NJ - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:53	3.9	2:26	3.2	8:45	0.9	8:44	1.0	6:28	5:48	
2	Sun	2:53	4.0	3:31	3.3	9:44	0.7	9:46	0.8	6:27	5:49	
3	Mon	3:57	4.2	4:33	3.6	10:35	0.4	10:39	0.5	6:25	5:50	
4	Tue	4:53	4.5	5:23	3.9	11:21	0.1	11:28	0.2	6:24	5:51	
5	Wed	5:41	4.8	6:06	4.4			12:05	-0.2	6:22	5:52	
6	Thu	6:23	5.1	6:46	4.8	12:16	-0.1	12:48	-0.5	6:20	5:53	
7	Fri	7:05	5.2	7:26	5.1	1:04	-0.4	1:30	-0.7	6:19	5:54	
8	Sat	7:46	5.3	8:07	5.3	1:51	-0.6	2:11	-0.8	6:17	5:55	
9	Sun	9:30	5.1	9:50	5.5	3:37	-0.7	3:51	-0.9	7:16	6:56	
10	Mon	10:17	4.9	10:38	5.4	4:23	-0.7	4:32	-0.8	7:14	6:57	
11	Tue	11:09	4.6	11:31	5.3	5:11	-0.5	5:15	-0.5	7:13	6:58	
12	Wed			12:07	4.4	6:03	-0.2	6:04	-0.2	7:11	7:00	
13	Thu	12:30	5.1	1:09	4.1	7:05	0.1	7:04	0.1	7:09	7:01	
14	Fri	1:32	4.9	2:12	4.0	8:19	0.3	8:19	0.4	7:08	7:02	
15	Sat	2:36	4.7	3:17	3.9	9:32	0.3	9:35	0.4	7:06	7:03	
16	Sun	3:43	4.6	4:26	4.1	10:37	0.2	10:43	0.3	7:04	7:04	
17	Mon	4:52	4.7	5:31	4.3	11:33	0.0	11:41	0.1	7:03	7:05	
18	Tue	5:54	4.8	6:26	4.6			12:22	-0.2	7:01	7:06	
19	Wed	6:45	4.9	7:12	4.9	12:33	-0.1	1:07	-0.4	6:59	7:07	
20	Thu	7:29	5.0	7:54	5.1	1:21	-0.2	1:50	-0.4	6:58	7:08	
21	Fri	8:10	5.0	8:32	5.2	2:07	-0.3	2:29	-0.4	6:56	7:09	
22	Sat	8:48	4.9	9:10	5.2	2:50	-0.3	3:06	-0.3	6:55	7:10	
23	Sun	9:26	4.7	9:46	5.1	3:30	-0.3	3:41	-0.2	6:53	7:11	
24	Mon	10:04	4.4	10:22	5.0	4:08	-0.2	4:13	0.1	6:51	7:12	
25	Tue	10:43	4.2	11:00	4.7	4:44	0.0	4:44	0.3	6:50	7:13	
26	Wed	11:24	3.9	11:40	4.5	5:20	0.3	5:14	0.6	6:48	7:14	
27	Thu			12:11	3.7	5:59	0.6	5:47	0.9	6:46	7:15	
28	Fri	12:25	4.3	1:01	3.5	6:46	0.8	6:30	1.1	6:45	7:16	
29	Sat	1:15	4.2	1:54	3.5	7:49	1.0	7:37	1.3	6:43	7:17	
30	Sun	2:08	4.1	2:49	3.5	8:59	1.0	9:01	1.3	6:41	7:18	
31	Mon	3:06	4.2	3:48	3.7	10:01	0.8	10:11	1.0	6:40	7:19	