

































Atlantic Highlands, NJ - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:34	4.8	6:57	6.3	12:44	0.0	12:37	-0.1	5:29	8:30	
2	Wed	7:32	5.0	7:51	6.4	1:41	-0.2	1:36	-0.1	5:30	8:30	
3	Thu	8:27	5.2	8:44	6.3	2:36	-0.4	2:33	-0.2	5:31	8:29	
4	Fri	9:22	5.2	9:36	6.2	3:28	-0.5	3:28	-0.1	5:31	8:29	
5	Sat	10:16	5.3	10:29	5.9	4:16	-0.5	4:20	0.0	5:32	8:29	
6	Sun	11:11	5.2	11:21	5.5	5:02	-0.4	5:09	0.3	5:32	8:29	
7	Mon			12:05	5.2	5:47	-0.2	6:00	0.6	5:33	8:28	
8	Tue	12:13	5.2	12:56	5.1	6:33	0.1	6:54	0.9	5:34	8:28	
9	Wed	1:04	4.8	1:44	5.1	7:21	0.4	7:53	1.1	5:34	8:28	
10	Thu	1:52	4.5	2:30	5.0	8:11	0.7	8:54	1.2	5:35	8:27	
11	Fri	2:40	4.2	3:17	5.0	9:02	0.9	9:53	1.2	5:36	8:27	
12	Sat	3:31	4.0	4:07	5.0	9:52	1.0	10:46	1.1	5:36	8:26	
13	Sun	4:27	3.9	5:00	5.0	10:41	1.0	11:35	0.9	5:37	8:26	
14	Mon	5:26	3.9	5:51	5.1	11:28	1.0			5:38	8:25	
15	Tue	6:19	4.0	6:38	5.2	12:22	0.8	12:15	0.9	5:39	8:25	
16	Wed	7:06	4.2	7:20	5.4	1:07	0.6	1:00	0.9	5:39	8:24	
17	Thu	7:48	4.3	7:59	5.5	1:52	0.4	1:46	0.8	5:40	8:23	
18	Fri	8:28	4.4	8:36	5.5	2:35	0.3	2:30	0.7	5:41	8:23	
19	Sat	9:06	4.5	9:12	5.5	3:15	0.2	3:13	0.7	5:42	8:22	
20	Sun	9:44	4.6	9:49	5.4	3:52	0.1	3:53	0.7	5:43	8:21	
21	Mon	10:23	4.7	10:28	5.3	4:27	0.1	4:32	0.7	5:44	8:21	
22	Tue	11:04	4.8	11:13	5.1	5:01	0.1	5:13	0.7	5:44	8:20	
23	Wed	11:50	5.0			5:36	0.2	5:59	0.8	5:45	8:19	
24	Thu	12:03	4.9	12:40	5.2	6:15	0.3	6:57	0.9	5:46	8:18	
25	Fri	12:58	4.7	1:33	5.3	7:04	0.4	8:09	1.0	5:47	8:17	
26	Sat	1:55	4.5	2:29	5.5	8:06	0.5	9:23	0.9	5:48	8:16	
27	Sun	2:57	4.4	3:31	5.5	9:15	0.5	10:31	0.7	5:49	8:15	
28	Mon	4:05	4.4	4:39	5.7	10:23	0.4	11:33	0.4	5:50	8:14	
29	Tue	5:17	4.5	5:46	5.9	11:26	0.3			5:51	8:13	
30	Wed	6:22	4.8	6:45	6.1	12:30	0.1	12:26	0.1	5:52	8:12	
31	Thu	7:19	5.1	7:39	6.2	1:24	-0.1	1:23	0.0	5:53	8:11	