



Atlantic Highlands, NJ - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:12	5.3	8:28	6.2	2:17	-0.3	2:19	-0.1	5:54	8:10	☀
2	Sat	9:02	5.5	9:16	6.0	3:06	-0.5	3:11	-0.1	5:55	8:09	☀
3	Sun	9:51	5.5	10:03	5.7	3:51	-0.5	4:00	0.0	5:56	8:08	☀
4	Mon	10:40	5.4	10:51	5.4	4:32	-0.3	4:46	0.2	5:56	8:07	☀
5	Tue	11:29	5.3	11:38	5.0	5:12	-0.1	5:31	0.5	5:57	8:06	☀
6	Wed			12:16	5.2	5:51	0.3	6:18	0.8	5:58	8:05	☀
7	Thu	12:27	4.7	1:03	5.1	6:31	0.6	7:10	1.1	5:59	8:03	☀
8	Fri	1:15	4.3	1:49	4.9	7:16	1.0	8:10	1.3	6:00	8:02	☀
9	Sat	2:04	4.1	2:36	4.8	8:09	1.2	9:12	1.4	6:01	8:01	☀
10	Sun	2:54	3.9	3:26	4.8	9:08	1.3	10:11	1.3	6:02	8:00	☀
11	Mon	3:51	3.8	4:21	4.8	10:06	1.3	11:04	1.1	6:03	7:58	☀
12	Tue	4:53	3.9	5:18	4.9	11:00	1.2	11:52	0.9	6:04	7:57	☀
13	Wed	5:50	4.1	6:10	5.1	11:49	1.1			6:05	7:56	☀
14	Thu	6:39	4.3	6:54	5.3	12:38	0.7	12:36	0.9	6:06	7:54	☀
15	Fri	7:21	4.5	7:33	5.5	1:21	0.5	1:22	0.7	6:07	7:53	☀
16	Sat	8:00	4.8	8:11	5.6	2:03	0.3	2:07	0.6	6:08	7:52	☀
17	Sun	8:36	5.0	8:48	5.6	2:43	0.1	2:51	0.5	6:09	7:50	☀
18	Mon	9:13	5.2	9:25	5.5	3:20	0.0	3:33	0.4	6:10	7:49	☀
19	Tue	9:51	5.3	10:06	5.4	3:56	0.0	4:15	0.4	6:11	7:47	☀
20	Wed	10:33	5.4	10:52	5.1	4:32	0.0	4:58	0.4	6:12	7:46	☀
21	Thu	11:21	5.5	11:45	4.9	5:09	0.1	5:46	0.6	6:13	7:44	☀
22	Fri			12:15	5.5	5:50	0.3	6:43	0.8	6:14	7:43	☀
23	Sat	12:43	4.6	1:13	5.5	6:41	0.5	7:54	1.0	6:15	7:41	☀
24	Sun	1:45	4.5	2:14	5.5	7:47	0.7	9:10	0.9	6:16	7:40	☀
25	Mon	2:49	4.4	3:18	5.4	9:03	0.7	10:19	0.8	6:17	7:38	☀
26	Tue	3:58	4.4	4:28	5.5	10:15	0.7	11:20	0.5	6:18	7:37	☀
27	Wed	5:08	4.6	5:35	5.7	11:19	0.5			6:19	7:35	☀
28	Thu	6:11	5.0	6:33	5.8	12:14	0.2	12:17	0.3	6:20	7:34	☀
29	Fri	7:05	5.3	7:23	5.9	1:05	0.0	1:11	0.1	6:21	7:32	☀
30	Sat	7:53	5.6	8:08	5.9	1:53	-0.2	2:02	0.0	6:22	7:31	☀
31	Sun	8:38	5.7	8:52	5.8	2:38	-0.3	2:51	0.0	6:23	7:29	☀