

































Atlantic Highlands, NJ - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:18	4.9	6:33	5.1	12:08	0.6	12:27	0.8	6:52	6:38	
2	Fri	6:57	5.2	7:12	5.2	12:47	0.5	1:10	0.6	6:53	6:36	
3	Sat	7:32	5.4	7:49	5.3	1:25	0.3	1:53	0.5	6:54	6:35	
4	Sun	8:05	5.6	8:26	5.2	2:03	0.2	2:36	0.3	6:55	6:33	
5	Mon	8:39	5.7	9:03	5.1	2:41	0.2	3:19	0.3	6:56	6:31	
6	Tue	9:15	5.8	9:44	4.9	3:19	0.2	4:01	0.3	6:57	6:30	
7	Wed	9:56	5.8	10:31	4.7	3:57	0.3	4:44	0.4	6:58	6:28	
8	Thu	10:44	5.7	11:28	4.5	4:37	0.4	5:32	0.6	7:00	6:27	
9	Fri	11:43	5.5			5:22	0.6	6:28	0.7	7:01	6:25	
10	Sat	12:32	4.4	12:49	5.4	6:19	0.8	7:37	0.9	7:02	6:23	
11	Sun	1:37	4.5	1:55	5.3	7:33	1.0	8:49	0.8	7:03	6:22	
12	Mon	2:41	4.6	2:59	5.3	8:54	0.9	9:54	0.6	7:04	6:20	
13	Tue	3:45	4.8	4:04	5.3	10:05	0.7	10:50	0.3	7:05	6:19	
14	Wed	4:48	5.2	5:08	5.4	11:07	0.4	11:41	0.0	7:06	6:17	
15	Thu	5:46	5.6	6:05	5.5			12:02	0.1	7:07	6:16	
16	Fri	6:38	5.9	6:55	5.6	12:28	-0.2	12:54	-0.1	7:08	6:14	
17	Sat	7:24	6.2	7:42	5.5	1:14	-0.3	1:44	-0.2	7:09	6:13	
18	Sun	8:07	6.2	8:26	5.4	1:59	-0.2	2:32	-0.2	7:10	6:11	
19	Mon	8:50	6.1	9:11	5.2	2:42	-0.1	3:19	-0.1	7:11	6:10	
20	Tue	9:32	5.9	9:56	4.9	3:25	0.1	4:02	0.1	7:12	6:08	
21	Wed	10:16	5.6	10:43	4.6	4:05	0.4	4:44	0.3	7:13	6:07	
22	Thu	11:02	5.3	11:35	4.3	4:44	0.7	5:27	0.6	7:15	6:06	
23	Fri	11:52	5.0			5:23	1.1	6:13	0.9	7:16	6:04	
24	Sat	12:29	4.1	12:45	4.7	6:08	1.3	7:05	1.1	7:17	6:03	
25	Sun	1:23	4.0	1:37	4.6	7:05	1.6	8:05	1.2	7:18	6:01	
26	Mon	2:15	4.0	2:28	4.5	8:15	1.7	9:05	1.2	7:19	6:00	
27	Tue	3:06	4.1	3:19	4.5	9:22	1.6	9:57	1.0	7:20	5:59	
28	Wed	3:58	4.3	4:13	4.5	10:20	1.4	10:43	0.8	7:21	5:58	
29	Thu	4:49	4.6	5:06	4.6	11:10	1.1	11:25	0.6	7:22	5:56	
30	Fri	5:37	4.9	5:55	4.7	11:56	0.8			7:24	5:55	
31	Sat	6:18	5.2	6:39	4.8	12:05	0.4	12:41	0.5	7:25	5:54	