

































Atlantic Highlands, NJ - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:30	4.6	10:46	5.4	4:31	-0.2	4:33	0.4	5:54	7:51	
2	Sun	11:22	4.4	11:36	5.0	5:14	0.1	5:15	0.7	5:53	7:52	
3	Mon			12:15	4.2	5:58	0.4	6:00	1.0	5:52	7:53	
4	Tue	12:27	4.7	1:08	4.1	6:46	0.7	6:53	1.3	5:51	7:54	
5	Wed	1:18	4.5	1:58	4.1	7:40	0.9	7:57	1.4	5:50	7:55	
6	Thu	2:08	4.4	2:46	4.2	8:37	0.9	9:03	1.4	5:48	7:56	
7	Fri	2:58	4.2	3:36	4.3	9:30	0.9	10:03	1.3	5:47	7:57	
8	Sat	3:50	4.2	4:27	4.5	10:19	0.8	10:55	1.1	5:46	7:58	
9	Sun	4:45	4.2	5:17	4.7	11:03	0.6	11:43	0.8	5:45	7:59	
10	Mon	5:38	4.3	6:02	5.0	11:45	0.5			5:44	8:00	
11	Tue	6:26	4.4	6:43	5.3	12:29	0.6	12:27	0.4	5:43	8:01	
12	Wed	7:09	4.6	7:20	5.6	1:14	0.3	1:08	0.3	5:42	8:02	
13	Thu	7:50	4.6	7:58	5.7	2:00	0.1	1:52	0.3	5:41	8:03	
14	Fri	8:32	4.7	8:37	5.8	2:45	0.0	2:36	0.2	5:40	8:04	
15	Sat	9:16	4.6	9:20	5.8	3:30	-0.1	3:21	0.2	5:39	8:05	
16	Sun	10:04	4.6	10:08	5.8	4:15	-0.1	4:06	0.2	5:38	8:06	
17	Mon	10:57	4.6	11:02	5.6	5:00	-0.1	4:54	0.3	5:37	8:07	
18	Tue	11:56	4.7			5:48	0.0	5:46	0.5	5:36	8:08	
19	Wed	12:02	5.4	12:55	4.8	6:41	0.1	6:48	0.6	5:36	8:09	
20	Thu	1:03	5.3	1:53	5.0	7:41	0.2	7:59	0.7	5:35	8:10	
21	Fri	2:02	5.1	2:49	5.2	8:43	0.2	9:11	0.6	5:34	8:11	
22	Sat	3:01	5.0	3:47	5.4	9:42	0.1	10:16	0.5	5:33	8:11	
23	Sun	4:02	4.8	4:46	5.6	10:37	0.0	11:15	0.3	5:32	8:12	
24	Mon	5:05	4.8	5:42	5.8	11:28	0.0			5:32	8:13	
25	Tue	6:04	4.8	6:34	6.0	12:10	0.1	12:17	0.0	5:31	8:14	
26	Wed	6:57	4.9	7:21	6.0	1:02	-0.1	1:06	0.0	5:30	8:15	
27	Thu	7:47	4.9	8:06	6.0	1:52	-0.1	1:54	0.1	5:30	8:16	
28	Fri	8:34	4.8	8:50	5.9	2:41	-0.2	2:42	0.3	5:29	8:17	
29	Sat	9:20	4.7	9:34	5.6	3:26	-0.1	3:27	0.4	5:29	8:17	
30	Sun	10:07	4.6	10:19	5.4	4:09	0.0	4:09	0.6	5:28	8:18	
31	Mon	10:56	4.4	11:05	5.1	4:49	0.2	4:50	0.8	5:28	8:19	