
































Atlantic Highlands, NJ - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:46	4.3	11:52	4.8	5:29	0.4	5:32	1.1	5:27	8:20	
2	Wed			12:35	4.3	6:10	0.6	6:18	1.3	5:27	8:20	
3	Thu	12:40	4.6	1:22	4.3	6:54	0.7	7:12	1.5	5:27	8:21	
4	Fri	1:27	4.4	2:06	4.4	7:42	0.9	8:15	1.5	5:26	8:22	
5	Sat	2:12	4.3	2:50	4.5	8:33	0.9	9:18	1.4	5:26	8:22	
6	Sun	2:59	4.2	3:36	4.7	9:24	0.9	10:15	1.3	5:26	8:23	
7	Mon	3:52	4.1	4:25	4.9	10:13	0.8	11:07	1.0	5:25	8:24	
8	Tue	4:49	4.1	5:15	5.1	11:00	0.7	11:57	0.7	5:25	8:24	
9	Wed	5:46	4.2	6:04	5.4	11:46	0.6			5:25	8:25	
10	Thu	6:37	4.4	6:49	5.7	12:45	0.4	12:33	0.4	5:25	8:25	
11	Fri	7:24	4.6	7:34	6.0	1:34	0.2	1:22	0.3	5:25	8:26	
12	Sat	8:11	4.7	8:19	6.1	2:24	-0.1	2:13	0.2	5:25	8:26	
13	Sun	8:59	4.8	9:07	6.1	3:12	-0.2	3:05	0.1	5:25	8:27	
14	Mon	9:51	4.9	9:58	6.0	3:59	-0.4	3:55	0.0	5:25	8:27	
15	Tue	10:45	5.0	10:53	5.9	4:45	-0.4	4:46	0.1	5:25	8:28	
16	Wed	11:43	5.1	11:51	5.6	5:32	-0.3	5:39	0.2	5:25	8:28	
17	Thu			12:40	5.3	6:22	-0.2	6:39	0.4	5:25	8:28	
18	Fri	12:49	5.4	1:36	5.4	7:17	-0.1	7:45	0.6	5:25	8:29	
19	Sat	1:45	5.1	2:30	5.5	8:15	0.1	8:54	0.6	5:25	8:29	
20	Sun	2:41	4.9	3:24	5.5	9:14	0.2	9:59	0.6	5:25	8:29	
21	Mon	3:40	4.6	4:22	5.6	10:10	0.2	10:58	0.5	5:26	8:29	
22	Tue	4:42	4.5	5:19	5.6	11:04	0.3	11:52	0.4	5:26	8:30	
23	Wed	5:43	4.5	6:13	5.7	11:54	0.3			5:26	8:30	
24	Thu	6:39	4.5	7:02	5.8	12:44	0.2	12:43	0.4	5:26	8:30	
25	Fri	7:28	4.6	7:46	5.7	1:33	0.2	1:32	0.5	5:27	8:30	
26	Sat	8:14	4.6	8:29	5.7	2:20	0.1	2:19	0.5	5:27	8:30	
27	Sun	8:59	4.6	9:11	5.5	3:04	0.1	3:04	0.6	5:27	8:30	
28	Mon	9:43	4.6	9:52	5.3	3:45	0.1	3:46	0.7	5:28	8:30	
29	Tue	10:27	4.5	10:34	5.1	4:23	0.2	4:26	0.8	5:28	8:30	
30	Wed	11:11	4.5	11:16	4.9	4:58	0.3	5:05	1.0	5:29	8:30	