
































Atlantic Highlands, NJ - Jun 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:04	4.5	8:08	5.6	2:13	0.2	2:01	0.5	5:28	8:19	
2	Thu	8:45	4.5	8:45	5.6	2:57	0.1	2:45	0.5	5:27	8:20	
3	Fri	9:26	4.5	9:23	5.6	3:39	0.1	3:28	0.5	5:27	8:21	
4	Sat	10:10	4.5	10:07	5.6	4:19	0.0	4:10	0.5	5:26	8:22	
5	Sun	10:59	4.6	10:56	5.4	4:59	0.1	4:54	0.5	5:26	8:22	
6	Mon	11:52	4.7	11:51	5.3	5:42	0.1	5:43	0.6	5:26	8:23	
7	Tue			12:47	4.9	6:29	0.2	6:41	0.7	5:26	8:23	
8	Wed	12:49	5.2	1:41	5.1	7:23	0.2	7:50	0.8	5:25	8:24	
9	Thu	1:47	5.0	2:35	5.3	8:22	0.2	9:01	0.7	5:25	8:25	
10	Fri	2:45	4.9	3:32	5.5	9:23	0.2	10:08	0.5	5:25	8:25	
11	Sat	3:48	4.8	4:33	5.8	10:21	0.1	11:09	0.2	5:25	8:26	
12	Sun	4:54	4.8	5:33	6.0	11:17	0.0			5:25	8:26	
13	Mon	5:58	4.8	6:29	6.1	12:06	0.0	12:11	-0.1	5:25	8:27	
14	Tue	6:56	4.9	7:21	6.2	1:01	-0.2	1:05	-0.1	5:25	8:27	
15	Wed	7:49	5.0	8:10	6.2	1:54	-0.3	1:58	0.0	5:25	8:27	
16	Thu	8:40	5.0	8:58	6.1	2:46	-0.4	2:50	0.1	5:25	8:28	
17	Fri	9:30	5.0	9:46	5.8	3:34	-0.3	3:39	0.2	5:25	8:28	
18	Sat	10:21	4.9	10:34	5.5	4:18	-0.2	4:25	0.4	5:25	8:29	
19	Sun	11:11	4.8	11:22	5.2	5:01	-0.1	5:09	0.7	5:25	8:29	
20	Mon			12:02	4.7	5:41	0.2	5:54	0.9	5:25	8:29	
21	Tue	12:11	4.9	12:50	4.7	6:23	0.4	6:44	1.2	5:25	8:29	
22	Wed	12:58	4.7	1:36	4.7	7:07	0.6	7:41	1.3	5:26	8:29	
23	Thu	1:45	4.4	2:20	4.7	7:55	0.8	8:42	1.4	5:26	8:30	
24	Fri	2:31	4.2	3:04	4.7	8:45	0.9	9:41	1.3	5:26	8:30	
25	Sat	3:20	4.1	3:51	4.8	9:36	0.9	10:35	1.2	5:27	8:30	
26	Sun	4:14	4.0	4:42	4.9	10:26	0.9	11:25	1.0	5:27	8:30	
27	Mon	5:12	4.1	5:33	5.1	11:13	0.8			5:27	8:30	
28	Tue	6:06	4.2	6:20	5.3	12:13	0.7	12:00	0.7	5:28	8:30	
29	Wed	6:54	4.3	7:03	5.6	1:00	0.5	12:47	0.6	5:28	8:30	
30	Thu	7:38	4.5	7:44	5.7	1:46	0.3	1:34	0.5	5:29	8:30	