





























Atlantic Highlands, NJ - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:28	5.5	9:38	6.0	3:33	-0.4	3:42	-0.1	5:53	8:11	
2	Tue	10:17	5.6	10:28	5.8	4:16	-0.5	4:31	-0.1	5:54	8:10	
3	Wed	11:10	5.7	11:22	5.5	4:59	-0.4	5:21	0.0	5:55	8:09	
4	Thu			12:05	5.7	5:44	-0.3	6:16	0.3	5:56	8:08	
5	Fri	12:19	5.2	1:02	5.7	6:34	0.0	7:19	0.5	5:57	8:07	
6	Sat	1:18	4.9	1:58	5.7	7:33	0.3	8:28	0.7	5:58	8:05	
7	Sun	2:17	4.7	2:55	5.6	8:39	0.5	9:37	0.7	5:59	8:04	
8	Mon	3:18	4.5	3:56	5.5	9:45	0.6	10:40	0.6	6:00	8:03	
9	Tue	4:24	4.4	4:59	5.5	10:46	0.6	11:36	0.4	6:01	8:02	
10	Wed	5:29	4.5	5:58	5.6	11:42	0.5			6:02	8:00	
11	Thu	6:27	4.7	6:49	5.7	12:27	0.3	12:34	0.4	6:03	7:59	
12	Fri	7:16	4.9	7:34	5.7	1:15	0.2	1:23	0.4	6:03	7:58	
13	Sat	8:00	5.1	8:16	5.7	2:00	0.1	2:10	0.4	6:04	7:57	
14	Sun	8:41	5.1	8:56	5.6	2:41	0.0	2:54	0.4	6:05	7:55	
15	Mon	9:21	5.2	9:35	5.4	3:20	0.1	3:36	0.5	6:06	7:54	
16	Tue	10:01	5.1	10:14	5.1	3:56	0.1	4:15	0.6	6:07	7:53	
17	Wed	10:40	5.0	10:54	4.8	4:29	0.3	4:52	0.8	6:08	7:51	
18	Thu	11:19	4.9	11:37	4.5	5:01	0.5	5:30	1.0	6:09	7:50	
19	Fri			12:00	4.8	5:33	0.7	6:11	1.2	6:10	7:48	
20	Sat	12:22	4.3	12:43	4.8	6:08	0.9	7:02	1.4	6:11	7:47	
21	Sun	1:10	4.1	1:27	4.7	6:50	1.1	8:06	1.5	6:12	7:45	
22	Mon	1:59	4.0	2:15	4.8	7:48	1.3	9:14	1.4	6:13	7:44	
23	Tue	2:52	4.0	3:08	4.8	8:58	1.3	10:15	1.2	6:14	7:42	
24	Wed	3:52	4.0	4:09	5.0	10:03	1.1	11:09	0.9	6:15	7:41	
25	Thu	4:55	4.3	5:11	5.3	11:02	0.8	11:58	0.5	6:16	7:39	
26	Fri	5:53	4.6	6:07	5.6	11:56	0.5			6:17	7:38	
27	Sat	6:43	5.1	6:57	5.9	12:46	0.2	12:49	0.2	6:18	7:36	
28	Sun	7:30	5.5	7:44	6.1	1:32	-0.1	1:41	-0.1	6:19	7:35	
29	Mon	8:17	5.9	8:31	6.2	2:19	-0.4	2:34	-0.3	6:20	7:33	
30	Tue	9:04	6.1	9:19	6.1	3:05	-0.6	3:25	-0.4	6:21	7:32	
31	Wed	9:53	6.2	10:10	5.8	3:50	-0.6	4:16	-0.4	6:22	7:30	