

































Atlantic Highlands, NJ - Jan 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:02	4.2	1:17	3.9	7:21	0.9	7:30	0.4	7:19	4:39	
2	Mon	1:48	4.2	2:06	3.7	8:22	0.8	8:23	0.5	7:19	4:40	
3	Tue	2:37	4.2	3:00	3.6	9:19	0.7	9:15	0.4	7:19	4:41	
4	Wed	3:30	4.3	3:58	3.6	10:11	0.5	10:04	0.3	7:19	4:42	
5	Thu	4:23	4.4	4:53	3.7	10:59	0.3	10:51	0.2	7:19	4:43	
6	Fri	5:12	4.6	5:42	3.9	11:45	0.1	11:36	0.1	7:19	4:44	
7	Sat	5:55	4.9	6:25	4.1			12:30	-0.1	7:19	4:45	
8	Sun	6:34	5.1	7:06	4.2	12:22	-0.1	1:14	-0.3	7:19	4:46	
9	Mon	7:12	5.2	7:45	4.3	1:07	-0.2	1:56	-0.5	7:18	4:47	
10	Tue	7:51	5.2	8:26	4.4	1:52	-0.3	2:36	-0.6	7:18	4:48	
11	Wed	8:31	5.2	9:09	4.5	2:36	-0.4	3:15	-0.7	7:18	4:49	
12	Thu	9:14	5.1	9:56	4.6	3:19	-0.4	3:54	-0.7	7:18	4:50	
13	Fri	10:03	4.9	10:48	4.7	4:04	-0.3	4:35	-0.6	7:17	4:51	
14	Sat	10:57	4.7	11:43	4.7	4:53	-0.2	5:20	-0.5	7:17	4:52	
15	Sun	11:55	4.4			5:52	0.0	6:15	-0.3	7:17	4:53	
16	Mon	12:39	4.8	12:54	4.2	7:02	0.1	7:21	-0.2	7:16	4:54	
17	Tue	1:37	4.9	1:56	4.1	8:15	0.1	8:28	-0.2	7:16	4:55	
18	Wed	2:39	4.9	3:03	4.0	9:23	0.0	9:33	-0.3	7:15	4:56	
19	Thu	3:45	5.0	4:13	4.1	10:24	-0.3	10:32	-0.4	7:15	4:58	
20	Fri	4:48	5.2	5:16	4.3	11:20	-0.5	11:28	-0.5	7:14	4:59	
21	Sat	5:44	5.4	6:11	4.5			12:13	-0.7	7:14	5:00	
22	Sun	6:34	5.5	7:00	4.7	12:21	-0.6	1:03	-0.9	7:13	5:01	
23	Mon	7:21	5.5	7:47	4.7	1:12	-0.7	1:50	-1.0	7:12	5:02	
24	Tue	8:05	5.4	8:32	4.7	2:01	-0.6	2:33	-0.9	7:12	5:03	
25	Wed	8:49	5.1	9:16	4.6	2:45	-0.5	3:12	-0.8	7:11	5:05	
26	Thu	9:32	4.8	10:00	4.5	3:27	-0.4	3:50	-0.6	7:10	5:06	
27	Fri	10:16	4.5	10:45	4.3	4:07	-0.1	4:25	-0.4	7:10	5:07	
28	Sat	11:01	4.2	11:30	4.2	4:48	0.2	5:02	-0.1	7:09	5:08	
29	Sun	11:48	3.9			5:34	0.5	5:41	0.2	7:08	5:10	
30	Mon	12:14	4.1	12:35	3.6	6:27	0.7	6:29	0.4	7:07	5:11	
31	Tue	12:59	4.0	1:23	3.5	7:31	0.8	7:26	0.6	7:06	5:12	