

































## Atlantic Highlands, NJ - Mar 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:55	4.0	1:36	3.4	7:46	0.9	7:37	0.8	6:28	5:48	
2	Fri	1:48	4.0	2:34	3.4	8:51	0.8	8:47	0.7	6:27	5:49	
3	Sat	2:48	4.1	3:36	3.6	9:48	0.5	9:47	0.5	6:25	5:50	
4	Sun	3:52	4.3	4:35	3.9	10:39	0.2	10:41	0.2	6:24	5:51	
5	Mon	4:50	4.6	5:26	4.4	11:25	-0.1	11:32	-0.2	6:22	5:52	
6	Tue	5:40	5.0	6:11	4.8			12:11	-0.5	6:20	5:53	
7	Wed	6:26	5.2	6:55	5.2	12:23	-0.5	12:56	-0.7	6:19	5:54	
8	Thu	7:11	5.4	7:39	5.5	1:13	-0.8	1:41	-0.9	6:17	5:55	
9	Fri	7:56	5.4	8:25	5.7	2:03	-1.0	2:25	-1.0	6:16	5:56	
10	Sat	8:44	5.3	9:13	5.7	2:51	-1.1	3:09	-1.0	6:14	5:57	
11	Sun	10:36	5.1	11:06	5.6	4:40	-0.9	4:54	-0.8	7:12	6:59	
12	Mon	11:32	4.8			5:30	-0.7	5:42	-0.5	7:11	7:00	
13	Tue	12:04	5.4	12:32	4.5	6:26	-0.4	6:38	-0.2	7:09	7:01	
14	Wed	1:03	5.2	1:34	4.3	7:30	0.0	7:45	0.2	7:08	7:02	
15	Thu	2:04	4.9	2:35	4.2	8:40	0.1	8:58	0.3	7:06	7:03	
16	Fri	3:05	4.8	3:38	4.1	9:48	0.1	10:06	0.3	7:04	7:04	
17	Sat	4:08	4.7	4:44	4.2	10:48	0.0	11:07	0.2	7:03	7:05	
18	Sun	5:12	4.7	5:44	4.5	11:40	-0.1			7:01	7:06	
19	Mon	6:08	4.8	6:35	4.7	12:00	0.0	12:27	-0.2	6:59	7:07	
20	Tue	6:55	4.9	7:18	4.9	12:48	-0.1	1:10	-0.3	6:58	7:08	
21	Wed	7:37	5.0	7:58	5.1	1:34	-0.2	1:51	-0.3	6:56	7:09	
22	Thu	8:17	4.9	8:35	5.1	2:17	-0.3	2:30	-0.3	6:55	7:10	
23	Fri	8:56	4.8	9:11	5.1	2:59	-0.3	3:07	-0.2	6:53	7:11	
24	Sat	9:34	4.7	9:46	5.0	3:38	-0.2	3:42	-0.1	6:51	7:12	
25	Sun	10:12	4.4	10:20	4.8	4:14	-0.1	4:15	0.1	6:50	7:13	
26	Mon	10:52	4.2	10:55	4.7	4:50	0.1	4:47	0.3	6:48	7:14	
27	Tue	11:35	4.0	11:33	4.5	5:26	0.3	5:19	0.5	6:46	7:15	
28	Wed			12:21	3.8	6:05	0.6	5:55	0.7	6:45	7:16	
29	Thu	12:17	4.3	1:11	3.7	6:53	0.8	6:42	0.9	6:43	7:17	
30	Fri	1:08	4.3	2:02	3.7	7:56	0.9	7:50	1.1	6:41	7:18	
31	Sat	2:02	4.3	2:56	3.8	9:05	0.9	9:07	1.0	6:40	7:19	