

































## Atlantic Highlands, NJ - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:54	4.8	6:25	6.2	12:03	0.0	12:08	-0.1	5:29	8:30	
2	Mon	6:54	5.0	7:20	6.4	12:59	-0.3	1:04	-0.2	5:30	8:30	
3	Tue	7:49	5.2	8:12	6.4	1:54	-0.5	2:01	-0.2	5:31	8:29	
4	Wed	8:42	5.3	9:02	6.3	2:47	-0.6	2:55	-0.2	5:31	8:29	
5	Thu	9:35	5.3	9:52	6.1	3:36	-0.6	3:47	-0.1	5:32	8:29	
6	Fri	10:27	5.3	10:42	5.8	4:22	-0.5	4:35	0.1	5:32	8:29	
7	Sat	11:19	5.2	11:33	5.4	5:06	-0.3	5:23	0.4	5:33	8:28	
8	Sun			12:11	5.1	5:49	-0.1	6:12	0.7	5:34	8:28	
9	Mon	12:23	5.1	1:00	5.0	6:33	0.3	7:05	1.0	5:34	8:28	
10	Tue	1:13	4.7	1:46	4.9	7:19	0.5	8:04	1.2	5:35	8:27	
11	Wed	2:00	4.5	2:32	4.9	8:09	0.8	9:04	1.2	5:36	8:27	
12	Thu	2:48	4.2	3:18	4.8	9:01	0.9	10:01	1.2	5:36	8:26	
13	Fri	3:40	4.1	4:09	4.9	9:53	1.0	10:54	1.1	5:37	8:26	
14	Sat	4:37	4.1	5:02	5.0	10:43	0.9	11:42	0.9	5:38	8:25	
15	Sun	5:34	4.1	5:53	5.1	11:31	0.8			5:39	8:25	
16	Mon	6:25	4.3	6:38	5.3	12:28	0.7	12:18	0.7	5:40	8:24	
17	Tue	7:11	4.5	7:19	5.4	1:13	0.5	1:04	0.6	5:40	8:23	
18	Wed	7:53	4.6	7:58	5.6	1:57	0.3	1:50	0.5	5:41	8:23	
19	Thu	8:33	4.7	8:35	5.6	2:40	0.2	2:35	0.5	5:42	8:22	
20	Fri	9:12	4.9	9:12	5.6	3:20	0.0	3:18	0.4	5:43	8:21	
21	Sat	9:52	5.0	9:52	5.5	3:58	0.0	4:01	0.4	5:44	8:21	
22	Sun	10:35	5.1	10:36	5.4	4:35	0.0	4:44	0.4	5:45	8:20	
23	Mon	11:22	5.2	11:26	5.2	5:12	0.0	5:29	0.5	5:45	8:19	
24	Tue			12:14	5.3	5:52	0.1	6:22	0.6	5:46	8:18	
25	Wed	12:21	5.0	1:08	5.4	6:39	0.2	7:25	0.7	5:47	8:17	
26	Thu	1:20	4.8	2:04	5.5	7:38	0.3	8:37	0.8	5:48	8:16	
27	Fri	2:19	4.7	3:02	5.6	8:45	0.4	9:47	0.6	5:49	8:15	
28	Sat	3:23	4.6	4:05	5.7	9:53	0.4	10:50	0.4	5:50	8:14	
29	Sun	4:33	4.6	5:10	5.8	10:56	0.3	11:49	0.1	5:51	8:13	
30	Mon	5:41	4.8	6:11	6.0	11:55	0.1			5:52	8:12	
31	Tue	6:41	5.0	7:05	6.1	12:43	-0.1	12:51	0.0	5:53	8:11	