

































Atlantic Highlands, NJ - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:32	4.7	10:20	4.1	3:39	0.1	4:14	-0.1	7:19	4:40	
2	Wed	10:15	4.5	11:07	4.2	4:18	0.2	4:50	-0.1	7:19	4:41	
3	Thu	11:05	4.4	11:58	4.4	5:03	0.3	5:32	0.0	7:19	4:42	
4	Fri			12:02	4.3	6:01	0.4	6:26	0.1	7:19	4:43	
5	Sat	12:51	4.5	1:01	4.1	7:14	0.4	7:32	0.0	7:19	4:44	
6	Sun	1:47	4.7	2:04	4.1	8:28	0.3	8:40	-0.1	7:19	4:45	
7	Mon	2:50	5.0	3:13	4.1	9:35	0.0	9:44	-0.3	7:19	4:46	
8	Tue	3:56	5.2	4:23	4.3	10:36	-0.4	10:43	-0.6	7:19	4:47	
9	Wed	4:59	5.5	5:26	4.5	11:32	-0.7	11:40	-0.8	7:18	4:48	
10	Thu	5:56	5.8	6:23	4.8			12:27	-1.0	7:18	4:49	
11	Fri	6:48	6.0	7:16	5.0	12:36	-1.0	1:20	-1.2	7:18	4:50	
12	Sat	7:39	6.0	8:08	5.1	1:31	-1.0	2:11	-1.3	7:18	4:51	
13	Sun	8:29	5.8	8:59	5.0	2:23	-1.0	2:58	-1.3	7:17	4:52	
14	Mon	9:19	5.5	9:51	4.9	3:13	-0.9	3:43	-1.2	7:17	4:53	
15	Tue	10:09	5.2	10:43	4.8	4:01	-0.6	4:27	-0.9	7:16	4:54	
16	Wed	11:01	4.8	11:34	4.6	4:49	-0.2	5:12	-0.5	7:16	4:55	
17	Thu	11:52	4.4			5:41	0.1	5:59	-0.2	7:16	4:56	
18	Fri	12:24	4.4	12:42	4.1	6:38	0.4	6:50	0.1	7:15	4:57	
19	Sat	1:12	4.3	1:31	3.8	7:41	0.6	7:45	0.3	7:14	4:58	
20	Sun	2:01	4.2	2:24	3.6	8:42	0.6	8:41	0.4	7:14	5:00	
21	Mon	2:53	4.1	3:21	3.5	9:38	0.5	9:33	0.4	7:13	5:01	
22	Tue	3:49	4.2	4:20	3.6	10:28	0.4	10:23	0.3	7:13	5:02	
23	Wed	4:43	4.3	5:12	3.7	11:15	0.2	11:09	0.1	7:12	5:03	
24	Thu	5:31	4.5	5:59	3.9	11:59	0.0	11:55	0.0	7:11	5:04	
25	Fri	6:12	4.7	6:40	4.1			12:42	-0.2	7:11	5:06	
26	Sat	6:50	4.8	7:19	4.2	12:39	-0.1	1:24	-0.4	7:10	5:07	
27	Sun	7:26	4.9	7:56	4.3	1:22	-0.2	2:03	-0.5	7:09	5:08	
28	Mon	8:01	4.9	8:33	4.4	2:04	-0.3	2:40	-0.6	7:08	5:09	
29	Tue	8:36	4.8	9:10	4.5	2:44	-0.3	3:15	-0.6	7:07	5:10	
30	Wed	9:13	4.7	9:51	4.5	3:23	-0.3	3:49	-0.5	7:06	5:12	
31	Thu	9:56	4.6	10:37	4.6	4:03	-0.2	4:24	-0.4	7:05	5:13	