

































Atlantic Highlands, NJ - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:44	4.7	3:19	5.1	9:06	0.5	9:57	0.9	5:29	8:30	
2	Tue	3:37	4.4	4:11	5.1	9:58	0.6	10:52	0.8	5:30	8:30	
3	Wed	4:34	4.3	5:04	5.1	10:47	0.7	11:41	0.7	5:30	8:29	
4	Thu	5:30	4.3	5:54	5.2	11:33	0.7			5:31	8:29	
5	Fri	6:21	4.4	6:39	5.3	12:27	0.6	12:18	0.6	5:32	8:29	
6	Sat	7:08	4.5	7:21	5.4	1:11	0.5	1:02	0.6	5:32	8:29	
7	Sun	7:51	4.6	7:59	5.4	1:54	0.4	1:46	0.6	5:33	8:28	
8	Mon	8:32	4.6	8:36	5.4	2:37	0.3	2:30	0.6	5:33	8:28	
9	Tue	9:12	4.7	9:11	5.3	3:16	0.2	3:12	0.6	5:34	8:28	
10	Wed	9:51	4.6	9:45	5.2	3:54	0.2	3:51	0.7	5:35	8:27	
11	Thu	10:30	4.6	10:20	5.1	4:28	0.2	4:29	0.7	5:36	8:27	
12	Fri	11:10	4.6	10:58	4.9	5:01	0.3	5:06	0.8	5:36	8:26	
13	Sat	11:52	4.7	11:43	4.8	5:34	0.4	5:47	0.9	5:37	8:26	
14	Sun			12:37	4.9	6:10	0.5	6:36	1.0	5:38	8:25	
15	Mon	12:34	4.7	1:25	5.0	6:54	0.5	7:40	1.0	5:39	8:25	
16	Tue	1:30	4.6	2:17	5.2	7:51	0.6	8:53	0.9	5:39	8:24	
17	Wed	2:28	4.5	3:13	5.4	8:58	0.5	10:01	0.7	5:40	8:24	
18	Thu	3:33	4.5	4:17	5.7	10:05	0.4	11:04	0.4	5:41	8:23	
19	Fri	4:44	4.6	5:22	5.9	11:07	0.2			5:42	8:22	
20	Sat	5:52	4.9	6:23	6.2	12:02	0.0	12:06	-0.1	5:43	8:21	
21	Sun	6:52	5.2	7:18	6.5	12:57	-0.3	1:04	-0.2	5:43	8:21	
22	Mon	7:48	5.5	8:10	6.5	1:52	-0.6	2:02	-0.4	5:44	8:20	
23	Tue	8:41	5.6	9:02	6.5	2:44	-0.8	2:57	-0.4	5:45	8:19	
24	Wed	9:34	5.7	9:53	6.2	3:34	-0.8	3:50	-0.4	5:46	8:18	
25	Thu	10:27	5.7	10:46	5.9	4:21	-0.8	4:40	-0.2	5:47	8:17	
26	Fri	11:21	5.6	11:39	5.6	5:07	-0.6	5:30	0.1	5:48	8:16	
27	Sat			12:14	5.5	5:52	-0.2	6:23	0.5	5:49	8:16	
28	Sun	12:32	5.2	1:06	5.3	6:39	0.1	7:20	0.8	5:50	8:15	
29	Mon	1:23	4.8	1:55	5.2	7:30	0.5	8:22	1.0	5:51	8:14	
30	Tue	2:14	4.5	2:43	5.0	8:25	0.8	9:23	1.1	5:52	8:13	
31	Wed	3:05	4.3	3:34	4.9	9:20	0.9	10:20	1.1	5:52	8:12	