

































Atlantic Highlands, NJ - Aug 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:00	4.2	4:28	4.9	10:13	1.0	11:11	0.9	5:53	8:10	
2	Fri	4:58	4.2	5:22	5.0	11:03	0.9	11:58	0.8	5:54	8:09	
3	Sat	5:53	4.3	6:11	5.1	11:50	0.8			5:55	8:08	
4	Sun	6:41	4.5	6:55	5.3	12:42	0.6	12:36	0.7	5:56	8:07	
5	Mon	7:25	4.7	7:34	5.4	1:25	0.4	1:21	0.6	5:57	8:06	
6	Tue	8:05	4.8	8:11	5.4	2:06	0.3	2:05	0.5	5:58	8:05	
7	Wed	8:43	4.9	8:46	5.4	2:46	0.2	2:48	0.5	5:59	8:04	
8	Thu	9:20	5.0	9:20	5.3	3:24	0.2	3:29	0.5	6:00	8:02	
9	Fri	9:56	5.0	9:55	5.2	3:59	0.2	4:08	0.5	6:01	8:01	
10	Sat	10:33	5.1	10:34	5.1	4:32	0.2	4:47	0.6	6:02	8:00	
11	Sun	11:15	5.1	11:19	4.9	5:05	0.3	5:28	0.7	6:03	7:59	
12	Mon			12:04	5.2	5:41	0.4	6:17	0.8	6:04	7:57	
13	Tue	12:13	4.7	12:57	5.3	6:24	0.5	7:18	0.9	6:05	7:56	
14	Wed	1:12	4.6	1:53	5.4	7:23	0.6	8:31	0.9	6:06	7:55	
15	Thu	2:13	4.6	2:53	5.5	8:36	0.7	9:42	0.7	6:07	7:53	
16	Fri	3:19	4.6	3:58	5.6	9:49	0.5	10:46	0.4	6:08	7:52	
17	Sat	4:29	4.7	5:05	5.8	10:54	0.3	11:44	0.1	6:09	7:50	
18	Sun	5:38	5.0	6:07	6.1	11:55	0.1			6:10	7:49	
19	Mon	6:38	5.4	7:03	6.3	12:38	-0.2	12:52	-0.2	6:11	7:48	
20	Tue	7:31	5.7	7:53	6.4	1:30	-0.5	1:47	-0.3	6:12	7:46	
21	Wed	8:22	5.9	8:42	6.3	2:21	-0.6	2:40	-0.4	6:13	7:45	
22	Thu	9:11	5.9	9:30	6.1	3:09	-0.7	3:31	-0.3	6:14	7:43	
23	Fri	9:59	5.9	10:19	5.8	3:54	-0.6	4:19	-0.1	6:15	7:42	
24	Sat	10:48	5.7	11:09	5.4	4:36	-0.3	5:05	0.2	6:16	7:40	
25	Sun	11:38	5.5			5:18	0.0	5:52	0.5	6:17	7:39	
26	Mon	12:00	5.0	12:28	5.3	6:00	0.4	6:43	0.9	6:18	7:37	
27	Tue	12:52	4.7	1:17	5.1	6:46	0.8	7:41	1.1	6:19	7:36	
28	Wed	1:43	4.4	2:06	4.9	7:39	1.1	8:43	1.3	6:20	7:34	
29	Thu	2:34	4.3	2:56	4.8	8:39	1.2	9:43	1.3	6:20	7:32	
30	Fri	3:28	4.2	3:49	4.8	9:38	1.3	10:37	1.1	6:21	7:31	
31	Sat	4:25	4.2	4:45	4.8	10:33	1.2	11:25	0.9	6:22	7:29	