
































Atlantic Highlands, NJ - Nov 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:26	5.5	6:41	5.1	12:15	0.3	12:46	0.2	7:26	5:53	
2	Sat	7:07	5.8	7:25	5.2	12:58	0.1	1:33	-0.1	7:27	5:51	
3	Sun	6:49	6.1	7:10	5.3	1:42	-0.1	1:22	-0.3	6:28	4:50	
4	Mon	7:33	6.2	7:56	5.2	1:29	-0.2	2:11	-0.4	6:29	4:49	
5	Tue	8:19	6.2	8:47	5.1	2:16	-0.2	3:00	-0.4	6:31	4:48	
6	Wed	9:11	6.1	9:43	5.0	3:04	-0.2	3:49	-0.4	6:32	4:47	
7	Thu	10:08	5.9	10:45	4.9	3:54	0.0	4:40	-0.2	6:33	4:46	
8	Fri	11:10	5.7	11:49	4.9	4:49	0.2	5:37	0.0	6:34	4:45	
9	Sat			12:12	5.4	5:53	0.5	6:41	0.1	6:35	4:44	
10	Sun	12:50	4.9	1:11	5.3	7:05	0.6	7:45	0.2	6:36	4:43	
11	Mon	1:49	5.0	2:10	5.1	8:16	0.6	8:45	0.1	6:38	4:42	
12	Tue	2:48	5.1	3:10	5.0	9:20	0.5	9:40	0.0	6:39	4:41	
13	Wed	3:47	5.3	4:09	5.0	10:16	0.3	10:29	-0.1	6:40	4:40	
14	Thu	4:42	5.5	5:04	5.0	11:07	0.1	11:15	-0.1	6:41	4:39	
15	Fri	5:31	5.6	5:52	5.0	11:56	0.0	11:59	-0.1	6:42	4:38	
16	Sat	6:14	5.7	6:37	5.0			12:42	-0.1	6:43	4:38	
17	Sun	6:54	5.7	7:19	4.9	12:42	0.0	1:26	-0.1	6:44	4:37	
18	Mon	7:33	5.6	8:01	4.8	1:24	0.1	2:09	0.0	6:46	4:36	
19	Tue	8:11	5.5	8:43	4.6	2:05	0.2	2:50	0.0	6:47	4:35	
20	Wed	8:50	5.2	9:27	4.4	2:44	0.4	3:28	0.2	6:48	4:35	
21	Thu	9:29	5.0	10:14	4.2	3:22	0.5	4:06	0.4	6:49	4:34	
22	Fri	10:11	4.7	11:03	4.1	3:59	0.7	4:44	0.5	6:50	4:34	
23	Sat	10:57	4.5	11:52	4.1	4:38	1.0	5:27	0.7	6:51	4:33	
24	Sun	11:45	4.4			5:25	1.1	6:15	0.8	6:52	4:32	
25	Mon	12:39	4.1	12:33	4.3	6:24	1.3	7:11	0.8	6:53	4:32	
26	Tue	1:26	4.2	1:22	4.2	7:32	1.2	8:07	0.8	6:55	4:32	
27	Wed	2:13	4.4	2:15	4.2	8:37	1.0	9:00	0.6	6:56	4:31	
28	Thu	3:04	4.6	3:14	4.3	9:35	0.7	9:50	0.3	6:57	4:31	
29	Fri	3:58	5.0	4:15	4.4	10:29	0.3	10:38	0.1	6:58	4:30	
30	Sat	4:50	5.4	5:11	4.6	11:20	0.0	11:26	-0.2	6:59	4:30	