

































## Atlantic Highlands, NJ - May 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:54	4.8	3:35	4.7	9:41	0.4	10:10	0.6	5:54	7:52	
2	Mon	3:59	5.0	4:38	5.1	10:39	0.1	11:11	0.2	5:53	7:53	
3	Tue	5:05	5.1	5:39	5.6	11:33	-0.2			5:51	7:54	
4	Wed	6:06	5.4	6:34	6.0	12:08	-0.2	12:24	-0.5	5:50	7:55	
5	Thu	7:01	5.6	7:25	6.3	1:04	-0.5	1:16	-0.7	5:49	7:56	
6	Fri	7:54	5.7	8:15	6.5	1:59	-0.8	2:08	-0.8	5:48	7:57	
7	Sat	8:46	5.7	9:06	6.5	2:52	-0.9	3:00	-0.8	5:47	7:58	
8	Sun	9:39	5.6	9:57	6.3	3:44	-0.9	3:50	-0.6	5:46	7:59	
9	Mon	10:35	5.3	10:51	6.0	4:34	-0.8	4:39	-0.3	5:44	8:00	
10	Tue	11:32	5.1	11:48	5.6	5:24	-0.5	5:30	0.1	5:43	8:01	
11	Wed			12:31	4.9	6:17	-0.1	6:23	0.5	5:42	8:02	
12	Thu	12:44	5.3	1:27	4.8	7:14	0.2	7:24	0.8	5:41	8:03	
13	Fri	1:39	5.0	2:20	4.7	8:13	0.4	8:29	1.0	5:40	8:04	
14	Sat	2:32	4.7	3:12	4.7	9:11	0.6	9:31	1.0	5:39	8:05	
15	Sun	3:24	4.5	4:05	4.7	10:04	0.6	10:27	1.0	5:39	8:05	
16	Mon	4:19	4.4	4:58	4.9	10:51	0.6	11:17	0.8	5:38	8:06	
17	Tue	5:14	4.4	5:47	5.1	11:34	0.5			5:37	8:07	
18	Wed	6:04	4.5	6:31	5.3	12:03	0.6	12:15	0.4	5:36	8:08	
19	Thu	6:48	4.6	7:11	5.4	12:47	0.4	12:55	0.4	5:35	8:09	
20	Fri	7:30	4.6	7:48	5.5	1:30	0.3	1:35	0.4	5:34	8:10	
21	Sat	8:09	4.6	8:24	5.5	2:13	0.2	2:16	0.4	5:34	8:11	
22	Sun	8:47	4.6	8:58	5.5	2:55	0.1	2:55	0.5	5:33	8:12	
23	Mon	9:24	4.5	9:32	5.4	3:35	0.1	3:33	0.6	5:32	8:13	
24	Tue	10:03	4.4	10:08	5.3	4:14	0.1	4:10	0.7	5:31	8:14	
25	Wed	10:45	4.4	10:49	5.2	4:52	0.2	4:46	0.8	5:31	8:15	
26	Thu	11:33	4.4	11:39	5.1	5:31	0.3	5:26	0.9	5:30	8:15	
27	Fri			12:25	4.4	6:14	0.4	6:16	1.0	5:30	8:16	
28	Sat	12:34	5.1	1:20	4.6	7:06	0.4	7:22	1.0	5:29	8:17	
29	Sun	1:32	5.0	2:14	4.8	8:07	0.4	8:38	0.9	5:29	8:18	
30	Mon	2:31	5.0	3:11	5.1	9:09	0.3	9:49	0.7	5:28	8:19	
31	Tue	3:32	5.0	4:12	5.4	10:09	0.1	10:52	0.3	5:28	8:19	