



Atlantic Highlands, NJ - Oct 2016

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 8:30 | 5.6 | 8:44 | 5.3 | 2:26 | 0.2 | 2:46 | 0.3 | 6:53 | 6:37 | ☀ |
| 2 | Sun | 9:07 | 5.6 | 9:21 | 5.1 | 3:04 | 0.3 | 3:26 | 0.3 | 6:54 | 6:36 | ☀ |
| 3 | Mon | 9:44 | 5.5 | 9:59 | 4.9 | 3:39 | 0.4 | 4:05 | 0.4 | 6:55 | 6:34 | ☀ |
| 4 | Tue | 10:21 | 5.3 | 10:38 | 4.6 | 4:13 | 0.6 | 4:42 | 0.6 | 6:56 | 6:33 | ☀ |
| 5 | Wed | 10:59 | 5.1 | 11:20 | 4.4 | 4:45 | 0.8 | 5:19 | 0.8 | 6:57 | 6:31 | ☀ |
| 6 | Thu | 11:41 | 4.9 | | | 5:17 | 1.0 | 6:00 | 1.0 | 6:58 | 6:29 | ☀ |
| 7 | Fri | 12:08 | 4.2 | 12:27 | 4.8 | 5:53 | 1.2 | 6:49 | 1.2 | 6:59 | 6:28 | ☀ |
| 8 | Sat | 12:59 | 4.1 | 1:17 | 4.8 | 6:39 | 1.4 | 7:51 | 1.3 | 7:00 | 6:26 | ☀ |
| 9 | Sun | 1:52 | 4.1 | 2:10 | 4.8 | 7:49 | 1.5 | 8:57 | 1.2 | 7:01 | 6:25 | ☀ |
| 10 | Mon | 2:46 | 4.2 | 3:06 | 4.9 | 9:06 | 1.4 | 9:57 | 0.9 | 7:02 | 6:23 | ☀ |
| 11 | Tue | 3:44 | 4.4 | 4:06 | 5.1 | 10:12 | 1.1 | 10:50 | 0.6 | 7:03 | 6:21 | ☀ |
| 12 | Wed | 4:44 | 4.8 | 5:08 | 5.3 | 11:09 | 0.7 | 11:39 | 0.2 | 7:04 | 6:20 | ☀ |
| 13 | Thu | 5:41 | 5.3 | 6:04 | 5.6 | | | 12:02 | 0.3 | 7:05 | 6:18 | ☀ |
| 14 | Fri | 6:32 | 5.8 | 6:55 | 5.9 | 12:27 | -0.2 | 12:55 | -0.1 | 7:06 | 6:17 | ☀ |
| 15 | Sat | 7:20 | 6.2 | 7:44 | 6.0 | 1:15 | -0.4 | 1:47 | -0.4 | 7:07 | 6:15 | ☀ |
| 16 | Sun | 8:07 | 6.5 | 8:33 | 6.0 | 2:04 | -0.6 | 2:40 | -0.6 | 7:08 | 6:14 | ☀ |
| 17 | Mon | 8:56 | 6.6 | 9:24 | 5.9 | 2:53 | -0.7 | 3:32 | -0.6 | 7:09 | 6:12 | ☀ |
| 18 | Tue | 9:47 | 6.5 | 10:19 | 5.7 | 3:42 | -0.6 | 4:23 | -0.5 | 7:10 | 6:11 | ☀ |
| 19 | Wed | 10:41 | 6.3 | 11:18 | 5.4 | 4:31 | -0.4 | 5:15 | -0.3 | 7:12 | 6:09 | ☀ |
| 20 | Thu | 11:40 | 6.0 | | | 5:21 | -0.1 | 6:11 | 0.0 | 7:13 | 6:08 | ☀ |
| 21 | Fri | 12:19 | 5.1 | 12:41 | 5.7 | 6:17 | 0.3 | 7:13 | 0.3 | 7:14 | 6:07 | ☀ |
| 22 | Sat | 1:21 | 5.0 | 1:41 | 5.4 | 7:21 | 0.6 | 8:19 | 0.5 | 7:15 | 6:05 | ☀ |
| 23 | Sun | 2:20 | 4.9 | 2:39 | 5.2 | 8:30 | 0.9 | 9:23 | 0.5 | 7:16 | 6:04 | ☀ |
| 24 | Mon | 3:18 | 4.8 | 3:37 | 5.0 | 9:37 | 0.9 | 10:20 | 0.5 | 7:17 | 6:02 | ☀ |
| 25 | Tue | 4:16 | 4.9 | 4:35 | 4.9 | 10:36 | 0.8 | 11:10 | 0.4 | 7:18 | 6:01 | ☀ |
| 26 | Wed | 5:12 | 5.0 | 5:30 | 4.9 | 11:27 | 0.6 | 11:54 | 0.3 | 7:19 | 6:00 | ☀ |
| 27 | Thu | 6:01 | 5.2 | 6:18 | 5.0 | | | 12:13 | 0.5 | 7:20 | 5:58 | ☀ |
| 28 | Fri | 6:45 | 5.4 | 7:01 | 5.0 | 12:34 | 0.3 | 12:57 | 0.4 | 7:22 | 5:57 | ☀ |
| 29 | Sat | 7:24 | 5.5 | 7:40 | 5.0 | 1:14 | 0.2 | 1:39 | 0.3 | 7:23 | 5:56 | ☀ |
| 30 | Sun | 8:01 | 5.6 | 8:18 | 5.0 | 1:52 | 0.3 | 2:21 | 0.2 | 7:24 | 5:55 | ☀ |
| 31 | Mon | 8:37 | 5.6 | 8:55 | 4.8 | 2:30 | 0.3 | 3:02 | 0.2 | 7:25 | 5:53 | ☀ |