

































Atlantic Highlands, NJ - Jan 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:12	5.0	9:44	4.1	3:13	0.0	3:52	-0.4	7:19	4:40	
2	Mon	9:55	4.8	10:32	4.1	3:51	0.1	4:30	-0.3	7:19	4:41	
3	Tue	10:46	4.7	11:25	4.2	4:34	0.2	5:13	-0.2	7:19	4:42	
4	Wed	11:41	4.6			5:27	0.3	6:04	-0.2	7:19	4:43	
5	Thu	12:20	4.4	12:39	4.4	6:36	0.4	7:05	-0.1	7:19	4:44	
6	Fri	1:16	4.6	1:39	4.3	7:52	0.3	8:09	-0.2	7:19	4:45	
7	Sat	2:15	4.8	2:43	4.3	9:02	0.1	9:12	-0.4	7:19	4:46	
8	Sun	3:20	5.0	3:51	4.3	10:06	-0.2	10:11	-0.6	7:18	4:47	
9	Mon	4:24	5.3	4:56	4.5	11:04	-0.5	11:07	-0.8	7:18	4:48	
10	Tue	5:24	5.6	5:54	4.7	11:59	-0.8			7:18	4:49	
11	Wed	6:17	5.8	6:47	4.9	12:02	-0.9	12:53	-1.0	7:18	4:50	
12	Thu	7:08	5.8	7:39	5.0	12:56	-1.0	1:45	-1.1	7:18	4:51	
13	Fri	7:57	5.7	8:30	4.9	1:49	-0.9	2:34	-1.2	7:17	4:52	
14	Sat	8:46	5.5	9:20	4.8	2:39	-0.8	3:20	-1.1	7:17	4:53	
15	Sun	9:34	5.2	10:11	4.7	3:25	-0.6	4:03	-0.8	7:16	4:54	
16	Mon	10:24	4.9	11:03	4.5	4:11	-0.3	4:46	-0.5	7:16	4:55	
17	Tue	11:13	4.5	11:53	4.3	4:57	0.0	5:31	-0.2	7:16	4:56	
18	Wed			12:03	4.2	5:48	0.3	6:19	0.1	7:15	4:57	
19	Thu	12:41	4.2	12:51	3.9	6:45	0.6	7:11	0.3	7:14	4:59	
20	Fri	1:28	4.2	1:39	3.7	7:47	0.7	8:05	0.4	7:14	5:00	
21	Sat	2:16	4.1	2:31	3.5	8:47	0.7	8:58	0.4	7:13	5:01	
22	Sun	3:09	4.2	3:29	3.5	9:42	0.5	9:48	0.4	7:13	5:02	
23	Mon	4:03	4.3	4:26	3.6	10:32	0.3	10:36	0.2	7:12	5:03	
24	Tue	4:55	4.5	5:18	3.7	11:19	0.1	11:21	0.1	7:11	5:04	
25	Wed	5:40	4.7	6:03	3.9			12:04	-0.1	7:10	5:06	
26	Thu	6:21	4.9	6:44	4.1	12:06	-0.1	12:48	-0.4	7:10	5:07	
27	Fri	7:00	5.0	7:23	4.2	12:51	-0.2	1:31	-0.5	7:09	5:08	
28	Sat	7:37	5.1	8:01	4.3	1:34	-0.3	2:12	-0.7	7:08	5:09	
29	Sun	8:15	5.1	8:40	4.4	2:17	-0.4	2:51	-0.7	7:07	5:10	
30	Mon	8:56	5.1	9:22	4.5	2:58	-0.4	3:29	-0.8	7:06	5:12	
31	Tue	9:40	4.9	10:09	4.5	3:40	-0.4	4:08	-0.7	7:05	5:13	