

































Atlantic Highlands, NJ - Jul 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:39	4.4	10:41	5.1	4:36	0.3	4:35	0.9	5:29	8:30	
2	Mon	11:22	4.3	11:22	4.9	5:11	0.4	5:12	1.1	5:30	8:30	
3	Tue			12:05	4.3	5:47	0.5	5:51	1.2	5:30	8:30	
4	Wed	12:05	4.7	12:49	4.4	6:25	0.6	6:37	1.3	5:31	8:29	
5	Thu	12:51	4.6	1:32	4.6	7:09	0.7	7:39	1.4	5:31	8:29	
6	Fri	1:39	4.6	2:17	4.8	8:02	0.7	8:49	1.3	5:32	8:29	
7	Sat	2:31	4.5	3:06	5.0	8:59	0.6	9:55	1.0	5:33	8:29	
8	Sun	3:29	4.5	4:03	5.3	9:57	0.5	10:56	0.7	5:33	8:28	
9	Mon	4:34	4.6	5:05	5.6	10:54	0.3	11:52	0.3	5:34	8:28	
10	Tue	5:39	4.7	6:04	6.0	11:49	0.0			5:35	8:27	
11	Wed	6:39	5.0	6:59	6.3	12:47	-0.1	12:45	-0.2	5:35	8:27	
12	Thu	7:34	5.2	7:52	6.5	1:42	-0.4	1:41	-0.3	5:36	8:27	
13	Fri	8:28	5.4	8:45	6.5	2:37	-0.6	2:38	-0.4	5:37	8:26	
14	Sat	9:23	5.5	9:38	6.4	3:29	-0.8	3:33	-0.4	5:38	8:25	
15	Sun	10:19	5.6	10:34	6.2	4:19	-0.8	4:26	-0.3	5:38	8:25	
16	Mon	11:16	5.5	11:30	5.9	5:08	-0.7	5:18	-0.1	5:39	8:24	
17	Tue			12:14	5.5	5:57	-0.5	6:14	0.2	5:40	8:24	
18	Wed	12:27	5.5	1:09	5.4	6:49	-0.2	7:14	0.5	5:41	8:23	
19	Thu	1:22	5.2	2:02	5.4	7:45	0.1	8:18	0.8	5:42	8:22	
20	Fri	2:14	4.9	2:53	5.3	8:41	0.4	9:21	0.8	5:42	8:22	
21	Sat	3:07	4.6	3:45	5.2	9:36	0.5	10:19	0.8	5:43	8:21	
22	Sun	4:03	4.4	4:39	5.2	10:28	0.6	11:12	0.7	5:44	8:20	
23	Mon	5:01	4.3	5:31	5.3	11:16	0.7			5:45	8:19	
24	Tue	5:56	4.3	6:20	5.4	12:00	0.6	12:01	0.7	5:46	8:18	
25	Wed	6:45	4.4	7:03	5.5	12:45	0.5	12:45	0.7	5:47	8:18	
26	Thu	7:29	4.5	7:44	5.5	1:29	0.4	1:29	0.7	5:48	8:17	
27	Fri	8:10	4.6	8:23	5.5	2:12	0.3	2:13	0.6	5:49	8:16	
28	Sat	8:50	4.7	9:00	5.4	2:54	0.2	2:56	0.6	5:50	8:15	
29	Sun	9:28	4.7	9:36	5.3	3:32	0.2	3:36	0.7	5:50	8:14	
30	Mon	10:06	4.6	10:12	5.2	4:08	0.2	4:13	0.8	5:51	8:13	
31	Tue	10:44	4.6	10:49	5.0	4:42	0.3	4:49	0.9	5:52	8:12	