






























Atlantic Highlands, NJ - Feb 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:06	4.6	5:31	3.8	11:31	0.0	11:35	0.0	7:05	5:14	
2	Sat	5:52	4.7	6:16	4.0			12:16	-0.2	7:04	5:15	
3	Sun	6:34	4.8	6:58	4.1	12:19	0.0	12:59	-0.3	7:03	5:16	
4	Mon	7:14	4.9	7:37	4.2	1:03	-0.1	1:40	-0.4	7:02	5:17	
5	Tue	7:51	4.8	8:15	4.2	1:45	-0.1	2:18	-0.4	7:01	5:18	
6	Wed	8:27	4.7	8:51	4.1	2:24	-0.1	2:54	-0.4	7:00	5:20	
7	Thu	9:03	4.6	9:27	4.1	3:01	0.0	3:27	-0.3	6:59	5:21	
8	Fri	9:37	4.4	10:02	4.1	3:36	0.1	3:59	-0.2	6:58	5:22	
9	Sat	10:14	4.2	10:39	4.1	4:10	0.2	4:29	-0.1	6:56	5:23	
10	Sun	10:54	4.0	11:20	4.1	4:46	0.4	5:02	0.0	6:55	5:24	
11	Mon	11:41	3.9			5:30	0.5	5:43	0.2	6:54	5:26	
12	Tue	12:07	4.2	12:34	3.7	6:33	0.6	6:38	0.3	6:53	5:27	
13	Wed	12:59	4.3	1:32	3.7	7:51	0.6	7:49	0.3	6:52	5:28	
14	Thu	1:58	4.5	2:38	3.7	9:04	0.4	9:00	0.1	6:50	5:29	
15	Fri	3:06	4.7	3:50	3.9	10:07	0.0	10:05	-0.2	6:49	5:30	
16	Sat	4:16	5.0	4:56	4.2	11:04	-0.4	11:04	-0.5	6:48	5:32	
17	Sun	5:19	5.4	5:54	4.6	11:58	-0.7			6:46	5:33	
18	Mon	6:14	5.7	6:47	5.0	12:02	-0.8	12:51	-1.1	6:45	5:34	
19	Tue	7:06	5.9	7:38	5.3	12:58	-1.1	1:42	-1.3	6:44	5:35	
20	Wed	7:56	5.9	8:29	5.4	1:52	-1.3	2:31	-1.4	6:42	5:36	
21	Thu	8:47	5.7	9:20	5.4	2:44	-1.3	3:17	-1.4	6:41	5:38	
22	Fri	9:39	5.4	10:13	5.3	3:34	-1.1	4:02	-1.2	6:39	5:39	
23	Sat	10:32	5.1	11:07	5.1	4:23	-0.8	4:48	-0.8	6:38	5:40	
24	Sun	11:26	4.7			5:15	-0.4	5:37	-0.4	6:37	5:41	
25	Mon	12:00	4.9	12:20	4.3	6:13	0.0	6:32	0.0	6:35	5:42	
26	Tue	12:52	4.7	1:14	3.9	7:17	0.3	7:33	0.3	6:34	5:43	
27	Wed	1:45	4.4	2:10	3.7	8:22	0.4	8:35	0.5	6:32	5:44	
28	Thu	2:41	4.3	3:10	3.6	9:23	0.4	9:32	0.5	6:31	5:46	