

































Atlantic Highlands, NJ - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:59	3.6			5:47	0.7	5:43	0.5	6:28	5:48	
2	Mon	12:12	4.2	12:50	3.5	6:51	0.8	6:41	0.7	6:27	5:49	
3	Tue	1:03	4.2	1:46	3.5	8:07	0.8	7:56	0.7	6:25	5:50	
4	Wed	2:02	4.3	2:52	3.6	9:16	0.6	9:09	0.5	6:23	5:51	
5	Thu	3:11	4.5	4:01	3.8	10:14	0.2	10:12	0.2	6:22	5:52	
6	Fri	4:21	4.8	5:03	4.2	11:08	-0.2	11:09	-0.2	6:20	5:53	
7	Sat	5:21	5.2	5:56	4.7	11:58	-0.5			6:19	5:54	
8	Sun	7:14	5.6	7:45	5.2	12:04	-0.6	1:48	-0.9	7:17	6:55	
9	Mon	8:03	5.8	8:33	5.5	1:58	-0.9	2:36	-1.1	7:16	6:56	
10	Tue	8:52	5.8	9:22	5.7	2:52	-1.1	3:23	-1.3	7:14	6:57	
11	Wed	9:41	5.7	10:13	5.7	3:43	-1.2	4:09	-1.2	7:12	6:59	
12	Thu	10:33	5.4	11:05	5.6	4:32	-1.1	4:54	-1.0	7:11	7:00	
13	Fri	11:28	5.0			5:23	-0.8	5:40	-0.7	7:09	7:01	
14	Sat	12:00	5.4	12:25	4.6	6:16	-0.4	6:31	-0.2	7:08	7:02	
15	Sun	12:56	5.1	1:23	4.3	7:17	0.0	7:31	0.2	7:06	7:03	
16	Mon	1:52	4.9	2:21	4.0	8:25	0.3	8:39	0.5	7:04	7:04	
17	Tue	2:50	4.6	3:22	3.9	9:33	0.4	9:46	0.6	7:03	7:05	
18	Wed	3:50	4.5	4:26	3.8	10:34	0.4	10:47	0.6	7:01	7:06	
19	Thu	4:53	4.4	5:28	4.0	11:27	0.3	11:40	0.5	6:59	7:07	
20	Fri	5:51	4.5	6:20	4.2			12:14	0.2	6:58	7:08	
21	Sat	6:39	4.7	7:04	4.5	12:28	0.3	12:57	0.0	6:56	7:09	
22	Sun	7:21	4.8	7:43	4.7	1:12	0.2	1:37	-0.1	6:54	7:10	
23	Mon	8:00	4.9	8:19	4.8	1:55	0.0	2:15	-0.1	6:53	7:11	
24	Tue	8:37	4.8	8:54	4.9	2:36	0.0	2:51	-0.2	6:51	7:12	
25	Wed	9:12	4.7	9:27	4.9	3:15	-0.1	3:26	-0.1	6:49	7:13	
26	Thu	9:47	4.6	9:58	4.8	3:52	0.0	3:58	0.0	6:48	7:14	
27	Fri	10:22	4.4	10:28	4.7	4:27	0.1	4:28	0.1	6:46	7:15	
28	Sat	10:59	4.1	11:00	4.6	5:01	0.3	4:57	0.3	6:45	7:16	
29	Sun	11:40	3.9	11:40	4.6	5:36	0.4	5:28	0.5	6:43	7:17	
30	Mon			12:29	3.8	6:17	0.6	6:06	0.7	6:41	7:19	
31	Tue	12:30	4.6	1:23	3.7	7:15	0.8	7:01	0.9	6:40	7:20	