

































Atlantic Highlands, NJ - May 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:11	4.9	3:06	4.4	9:13	0.6	9:23	0.8	5:54	7:52	
2	Sat	3:16	5.0	4:08	4.8	10:14	0.3	10:32	0.5	5:53	7:53	
3	Sun	4:24	5.1	5:11	5.2	11:08	0.0	11:32	0.1	5:51	7:54	
4	Mon	5:30	5.2	6:08	5.7			12:00	-0.3	5:50	7:55	
5	Tue	6:28	5.4	7:00	6.1	12:29	-0.3	12:50	-0.5	5:49	7:56	
6	Wed	7:21	5.5	7:49	6.4	1:23	-0.6	1:40	-0.7	5:48	7:57	
7	Thu	8:12	5.5	8:37	6.5	2:17	-0.7	2:30	-0.6	5:47	7:58	
8	Fri	9:03	5.4	9:26	6.3	3:10	-0.8	3:19	-0.5	5:46	7:59	
9	Sat	9:55	5.2	10:17	6.1	4:00	-0.7	4:07	-0.2	5:44	8:00	
10	Sun	10:50	4.9	11:10	5.7	4:48	-0.5	4:54	0.1	5:43	8:01	
11	Mon	11:48	4.7			5:37	-0.1	5:43	0.5	5:42	8:02	
12	Tue	12:05	5.3	12:45	4.5	6:29	0.2	6:37	0.9	5:41	8:03	
13	Wed	1:00	5.0	1:40	4.4	7:26	0.5	7:40	1.2	5:40	8:04	
14	Thu	1:53	4.8	2:33	4.3	8:25	0.7	8:46	1.3	5:39	8:05	
15	Fri	2:45	4.6	3:25	4.4	9:22	0.8	9:48	1.3	5:38	8:06	
16	Sat	3:38	4.4	4:18	4.5	10:12	0.7	10:42	1.1	5:38	8:06	
17	Sun	4:33	4.4	5:09	4.7	10:57	0.6	11:31	0.9	5:37	8:07	
18	Mon	5:26	4.4	5:56	4.9	11:39	0.5			5:36	8:08	
19	Tue	6:15	4.5	6:37	5.2	12:15	0.7	12:18	0.5	5:35	8:09	
20	Wed	6:58	4.6	7:15	5.4	12:59	0.5	12:58	0.4	5:34	8:10	
21	Thu	7:38	4.6	7:49	5.5	1:42	0.4	1:37	0.4	5:34	8:11	
22	Fri	8:17	4.6	8:23	5.5	2:25	0.2	2:17	0.4	5:33	8:12	
23	Sat	8:55	4.5	8:55	5.5	3:07	0.2	2:57	0.5	5:32	8:13	
24	Sun	9:35	4.4	9:30	5.5	3:48	0.2	3:36	0.5	5:31	8:14	
25	Mon	10:17	4.3	10:10	5.4	4:27	0.2	4:14	0.6	5:31	8:15	
26	Tue	11:05	4.3	10:58	5.3	5:07	0.3	4:54	0.7	5:30	8:15	
27	Wed	11:59	4.3	11:55	5.2	5:51	0.4	5:41	0.8	5:30	8:16	
28	Thu			12:56	4.4	6:42	0.4	6:39	0.9	5:29	8:17	
29	Fri	12:55	5.2	1:51	4.6	7:41	0.5	7:52	0.9	5:29	8:18	
30	Sat	1:56	5.1	2:47	4.9	8:44	0.4	9:07	0.8	5:28	8:19	
31	Sun	2:56	5.0	3:46	5.2	9:44	0.2	10:14	0.5	5:28	8:19	