

































Atlantic Highlands, NJ - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:32	4.9	2:10	4.8	7:51	0.5	8:26	1.2	5:29	8:30	
2	Fri	2:21	4.6	2:56	4.8	8:42	0.7	9:27	1.2	5:30	8:30	
3	Sat	3:09	4.4	3:44	4.8	9:31	0.8	10:22	1.1	5:30	8:29	
4	Sun	4:01	4.2	4:34	4.9	10:18	0.8	11:12	1.0	5:31	8:29	
5	Mon	4:56	4.1	5:23	5.0	11:03	0.8	11:58	0.8	5:32	8:29	
6	Tue	5:50	4.2	6:10	5.2	11:46	0.8			5:32	8:29	
7	Wed	6:39	4.2	6:52	5.3	12:44	0.7	12:30	0.7	5:33	8:28	
8	Thu	7:24	4.3	7:31	5.4	1:28	0.5	1:14	0.7	5:34	8:28	
9	Fri	8:06	4.4	8:09	5.5	2:13	0.4	1:59	0.7	5:34	8:28	
10	Sat	8:47	4.4	8:45	5.5	2:56	0.3	2:43	0.7	5:35	8:27	
11	Sun	9:27	4.5	9:22	5.5	3:37	0.2	3:26	0.6	5:36	8:27	
12	Mon	10:08	4.5	10:02	5.4	4:15	0.2	4:07	0.6	5:36	8:26	
13	Tue	10:52	4.6	10:46	5.3	4:52	0.2	4:48	0.7	5:37	8:26	
14	Wed	11:40	4.7	11:36	5.2	5:30	0.2	5:32	0.7	5:38	8:25	
15	Thu			12:30	4.9	6:10	0.3	6:24	0.8	5:39	8:25	
16	Fri	12:30	5.1	1:21	5.1	6:57	0.3	7:28	0.9	5:39	8:24	
17	Sat	1:26	4.9	2:13	5.3	7:53	0.4	8:40	0.8	5:40	8:24	
18	Sun	2:23	4.7	3:09	5.5	8:54	0.4	9:50	0.7	5:41	8:23	
19	Mon	3:25	4.6	4:10	5.7	9:57	0.3	10:54	0.4	5:42	8:22	
20	Tue	4:33	4.6	5:13	5.9	10:57	0.2	11:53	0.2	5:43	8:21	
21	Wed	5:41	4.7	6:14	6.1	11:55	0.1			5:44	8:21	
22	Thu	6:43	4.9	7:09	6.2	12:49	-0.1	12:52	0.0	5:44	8:20	
23	Fri	7:39	5.0	8:01	6.3	1:44	-0.2	1:48	0.0	5:45	8:19	
24	Sat	8:31	5.1	8:51	6.2	2:37	-0.4	2:43	0.0	5:46	8:18	
25	Sun	9:23	5.2	9:40	6.0	3:26	-0.4	3:34	0.1	5:47	8:17	
26	Mon	10:14	5.1	10:29	5.7	4:12	-0.4	4:22	0.2	5:48	8:16	
27	Tue	11:05	5.1	11:18	5.4	4:54	-0.2	5:08	0.5	5:49	8:15	
28	Wed	11:55	5.0			5:36	0.1	5:54	0.8	5:50	8:15	
29	Thu	12:08	5.1	12:43	4.9	6:17	0.3	6:45	1.0	5:51	8:14	
30	Fri	12:56	4.7	1:29	4.8	7:00	0.6	7:41	1.3	5:52	8:13	
31	Sat	1:43	4.5	2:14	4.8	7:48	0.9	8:42	1.4	5:53	8:11	