
































Atlantic Highlands, NJ - Nov 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:16	4.9	5:26	5.1	11:30	0.6	11:58	0.1	7:26	5:52	
2	Tue	6:05	5.4	6:19	5.3			12:22	0.1	7:27	5:51	
3	Wed	6:51	5.9	7:08	5.5	12:43	-0.2	1:13	-0.2	7:28	5:50	
4	Thu	7:37	6.3	7:56	5.6	1:28	-0.4	2:05	-0.5	7:29	5:49	
5	Fri	8:23	6.5	8:45	5.5	2:16	-0.5	2:57	-0.6	7:31	5:48	
6	Sat	9:11	6.5	9:37	5.3	3:04	-0.5	3:49	-0.6	7:32	5:47	
7	Sun	9:03	6.3	9:34	5.0	2:53	-0.4	3:40	-0.5	6:33	4:46	
8	Mon	10:00	6.0	10:36	4.8	3:43	-0.1	4:33	-0.2	6:34	4:45	
9	Tue	11:02	5.7	11:41	4.6	4:37	0.2	5:31	0.1	6:35	4:44	
10	Wed			12:05	5.4	5:39	0.6	6:36	0.3	6:36	4:43	
11	Thu	12:44	4.5	1:05	5.2	6:51	0.8	7:43	0.4	6:38	4:42	
12	Fri	1:44	4.6	2:03	5.0	8:04	0.9	8:44	0.4	6:39	4:41	
13	Sat	2:43	4.6	3:02	4.8	9:09	0.8	9:37	0.3	6:40	4:40	
14	Sun	3:41	4.8	3:59	4.8	10:05	0.7	10:23	0.2	6:41	4:39	
15	Mon	4:34	5.0	4:51	4.8	10:54	0.5	11:04	0.2	6:42	4:38	
16	Tue	5:20	5.2	5:37	4.8	11:39	0.3	11:43	0.1	6:43	4:38	
17	Wed	6:00	5.4	6:18	4.8			12:22	0.2	6:45	4:37	
18	Thu	6:36	5.5	6:58	4.7	12:21	0.2	1:04	0.2	6:46	4:36	
19	Fri	7:12	5.5	7:37	4.6	12:59	0.2	1:46	0.1	6:47	4:35	
20	Sat	7:46	5.4	8:15	4.4	1:38	0.3	2:25	0.2	6:48	4:35	
21	Sun	8:19	5.2	8:55	4.2	2:15	0.4	3:04	0.3	6:49	4:34	
22	Mon	8:52	5.1	9:38	4.0	2:51	0.6	3:41	0.4	6:50	4:34	
23	Tue	9:27	4.9	10:24	3.9	3:26	0.8	4:18	0.6	6:51	4:33	
24	Wed	10:08	4.7	11:14	3.8	4:01	0.9	4:59	0.7	6:52	4:32	
25	Thu	10:57	4.6			4:40	1.1	5:46	0.8	6:54	4:32	
26	Fri	12:06	3.8	11:53 AM	4.5	5:31	1.2	6:44	0.8	6:55	4:32	
27	Sat	12:56	3.9	12:49	4.5	6:41	1.2	7:44	0.7	6:56	4:31	
28	Sun	1:46	4.2	1:45	4.5	7:58	1.1	8:41	0.5	6:57	4:31	
29	Mon	2:40	4.5	2:46	4.6	9:05	0.7	9:32	0.2	6:58	4:30	
30	Tue	3:36	4.9	3:50	4.7	10:04	0.3	10:22	-0.1	6:59	4:30	