

































Atlantic Highlands, NJ - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:54	4.6	10:45	5.0	4:50	0.3	4:53	0.8	5:53	8:11	
2	Tue	11:35	4.7	11:29	4.9	5:22	0.4	5:32	0.9	5:54	8:10	
3	Wed			12:19	4.9	5:55	0.5	6:20	1.0	5:55	8:08	
4	Thu	12:19	4.7	1:07	5.1	6:34	0.6	7:20	1.1	5:56	8:07	
5	Fri	1:14	4.6	1:59	5.2	7:26	0.7	8:33	1.0	5:57	8:06	
6	Sat	2:12	4.4	2:55	5.4	8:33	0.7	9:46	0.9	5:58	8:05	
7	Sun	3:16	4.3	3:58	5.6	9:43	0.6	10:52	0.6	5:59	8:04	
8	Mon	4:28	4.4	5:07	5.8	10:50	0.5	11:51	0.3	6:00	8:03	
9	Tue	5:39	4.6	6:11	6.1	11:52	0.2			6:01	8:01	
10	Wed	6:42	4.9	7:08	6.3	12:48	0.0	12:51	0.0	6:02	8:00	
11	Thu	7:38	5.2	8:00	6.4	1:42	-0.3	1:49	-0.1	6:03	7:59	
12	Fri	8:31	5.5	8:51	6.4	2:35	-0.5	2:45	-0.2	6:04	7:57	
13	Sat	9:22	5.6	9:41	6.2	3:24	-0.6	3:38	-0.2	6:05	7:56	
14	Sun	10:14	5.6	10:31	5.9	4:09	-0.6	4:27	0.0	6:06	7:55	
15	Mon	11:05	5.5	11:22	5.5	4:53	-0.4	5:15	0.2	6:07	7:53	
16	Tue	11:56	5.4			5:35	-0.1	6:05	0.6	6:08	7:52	
17	Wed	12:14	5.1	12:46	5.3	6:18	0.3	6:59	0.9	6:09	7:51	
18	Thu	1:05	4.7	1:34	5.1	7:05	0.7	7:59	1.1	6:10	7:49	
19	Fri	1:55	4.4	2:22	5.0	7:57	1.0	9:02	1.3	6:11	7:48	
20	Sat	2:46	4.2	3:11	4.9	8:53	1.2	10:03	1.2	6:12	7:46	
21	Sun	3:41	4.0	4:04	4.8	9:50	1.3	10:56	1.1	6:13	7:45	
22	Mon	4:41	4.0	5:02	4.9	10:44	1.2	11:44	1.0	6:14	7:43	
23	Tue	5:39	4.2	5:55	5.0	11:34	1.1			6:15	7:42	
24	Wed	6:29	4.4	6:41	5.2	12:29	0.8	12:21	0.9	6:15	7:40	
25	Thu	7:13	4.6	7:21	5.4	1:12	0.6	1:06	0.8	6:16	7:39	
26	Fri	7:53	4.8	7:58	5.5	1:54	0.4	1:50	0.7	6:17	7:37	
27	Sat	8:30	4.9	8:33	5.5	2:33	0.3	2:34	0.6	6:18	7:36	
28	Sun	9:06	5.0	9:07	5.4	3:10	0.2	3:15	0.5	6:19	7:34	
29	Mon	9:41	5.1	9:42	5.3	3:45	0.2	3:55	0.5	6:20	7:33	
30	Tue	10:17	5.2	10:21	5.1	4:18	0.2	4:34	0.5	6:21	7:31	
31	Wed	10:57	5.3	11:05	4.9	4:50	0.3	5:15	0.6	6:22	7:30	