

Atlantic Highlands, NJ - Sep 2022

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 11:44 | 5.3 | 11:58 | 4.7 | 5:24 | 0.4 | 6:02 | 0.8 | 6:23 | 7:28 | 🌘 |
| 2 | Fri | | | 12:38 | 5.4 | 6:04 | 0.6 | 7:02 | 0.9 | 6:24 | 7:26 | 🌘 |
| 3 | Sat | 12:57 | 4.5 | 1:36 | 5.4 | 6:58 | 0.8 | 8:16 | 1.0 | 6:25 | 7:25 | 🌘 |
| 4 | Sun | 2:00 | 4.4 | 2:37 | 5.4 | 8:12 | 0.9 | 9:31 | 0.9 | 6:26 | 7:23 | 🌘 |
| 5 | Mon | 3:07 | 4.3 | 3:44 | 5.5 | 9:32 | 0.9 | 10:38 | 0.7 | 6:27 | 7:22 | 🌘 |
| 6 | Tue | 4:19 | 4.5 | 4:54 | 5.7 | 10:42 | 0.6 | 11:37 | 0.3 | 6:28 | 7:20 | 🌘 |
| 7 | Wed | 5:30 | 4.8 | 5:58 | 5.9 | 11:44 | 0.4 | | | 6:29 | 7:18 | 🌘 |
| 8 | Thu | 6:30 | 5.2 | 6:54 | 6.1 | 12:30 | 0.0 | 12:41 | 0.1 | 6:30 | 7:17 | 🌘 |
| 9 | Fri | 7:23 | 5.5 | 7:44 | 6.2 | 1:21 | -0.2 | 1:36 | -0.1 | 6:31 | 7:15 | 🌘 |
| 10 | Sat | 8:12 | 5.8 | 8:31 | 6.2 | 2:10 | -0.4 | 2:29 | -0.1 | 6:32 | 7:13 | 🌘 |
| 11 | Sun | 8:58 | 5.9 | 9:17 | 6.0 | 2:56 | -0.5 | 3:18 | -0.1 | 6:33 | 7:12 | 🌘 |
| 12 | Mon | 9:44 | 5.9 | 10:03 | 5.6 | 3:39 | -0.4 | 4:05 | 0.0 | 6:34 | 7:10 | 🌘 |
| 13 | Tue | 10:29 | 5.7 | 10:51 | 5.3 | 4:20 | -0.1 | 4:49 | 0.3 | 6:35 | 7:08 | 🌘 |
| 14 | Wed | 11:16 | 5.5 | 11:40 | 4.9 | 4:58 | 0.2 | 5:34 | 0.6 | 6:36 | 7:07 | 🌘 |
| 15 | Thu | | | 12:03 | 5.3 | 5:36 | 0.6 | 6:22 | 0.9 | 6:37 | 7:05 | 🌘 |
| 16 | Fri | 12:32 | 4.5 | 12:52 | 5.0 | 6:17 | 1.0 | 7:17 | 1.2 | 6:38 | 7:03 | 🌘 |
| 17 | Sat | 1:24 | 4.3 | 1:41 | 4.8 | 7:06 | 1.3 | 8:20 | 1.4 | 6:39 | 7:02 | 🌘 |
| 18 | Sun | 2:16 | 4.1 | 2:31 | 4.7 | 8:07 | 1.5 | 9:25 | 1.4 | 6:40 | 7:00 | 🌘 |
| 19 | Mon | 3:10 | 4.0 | 3:25 | 4.6 | 9:13 | 1.6 | 10:22 | 1.3 | 6:40 | 6:58 | 🌘 |
| 20 | Tue | 4:09 | 4.0 | 4:24 | 4.7 | 10:14 | 1.5 | 11:12 | 1.1 | 6:41 | 6:57 | 🌘 |
| 21 | Wed | 5:07 | 4.2 | 5:21 | 4.9 | 11:07 | 1.3 | 11:56 | 0.9 | 6:42 | 6:55 | 🌘 |
| 22 | Thu | 5:59 | 4.5 | 6:09 | 5.1 | 11:55 | 1.0 | | | 6:43 | 6:53 | 🌘 |
| 23 | Fri | 6:43 | 4.8 | 6:51 | 5.3 | 12:37 | 0.6 | 12:40 | 0.8 | 6:44 | 6:52 | 🌘 |
| 24 | Sat | 7:22 | 5.1 | 7:29 | 5.4 | 1:17 | 0.4 | 1:25 | 0.6 | 6:45 | 6:50 | 🌘 |
| 25 | Sun | 7:57 | 5.3 | 8:05 | 5.5 | 1:56 | 0.3 | 2:08 | 0.4 | 6:46 | 6:48 | 🌘 |
| 26 | Mon | 8:32 | 5.5 | 8:41 | 5.4 | 2:34 | 0.2 | 2:52 | 0.3 | 6:47 | 6:46 | 🌘 |
| 27 | Tue | 9:07 | 5.7 | 9:19 | 5.3 | 3:10 | 0.1 | 3:34 | 0.2 | 6:48 | 6:45 | 🌘 |
| 28 | Wed | 9:45 | 5.7 | 10:00 | 5.1 | 3:46 | 0.2 | 4:17 | 0.2 | 6:49 | 6:43 | 🌘 |
| 29 | Thu | 10:28 | 5.7 | 10:49 | 4.8 | 4:22 | 0.3 | 5:01 | 0.4 | 6:50 | 6:42 | 🌘 |
| 30 | Fri | 11:19 | 5.7 | 11:46 | 4.6 | 5:01 | 0.4 | 5:51 | 0.6 | 6:51 | 6:40 | 🌘 |