

































## Atlantic Highlands, NJ - Dec 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:40	4.6	1:58	4.8	8:02	0.6	8:34	0.0	7:00	4:30	
2	Fri	2:38	4.8	2:56	4.7	9:08	0.5	9:28	0.0	7:01	4:30	
3	Sat	3:36	4.9	3:55	4.6	10:06	0.3	10:16	-0.1	7:02	4:29	
4	Sun	4:31	5.1	4:50	4.5	10:57	0.2	11:00	-0.1	7:03	4:29	
5	Mon	5:19	5.3	5:39	4.5	11:45	0.0	11:42	-0.1	7:03	4:29	
6	Tue	6:01	5.4	6:24	4.5			12:30	-0.1	7:04	4:29	
7	Wed	6:41	5.4	7:06	4.4	12:24	0.0	1:15	-0.1	7:05	4:29	
8	Thu	7:18	5.4	7:47	4.3	1:06	0.1	1:58	-0.1	7:06	4:29	
9	Fri	7:56	5.2	8:29	4.2	1:46	0.2	2:38	0.0	7:07	4:29	
10	Sat	8:33	5.1	9:12	4.0	2:26	0.3	3:17	0.1	7:08	4:29	
11	Sun	9:11	4.8	9:58	3.9	3:04	0.5	3:54	0.2	7:09	4:29	
12	Mon	9:51	4.6	10:46	3.8	3:41	0.6	4:32	0.4	7:09	4:29	
13	Tue	10:35	4.4	11:35	3.7	4:19	0.8	5:11	0.5	7:10	4:30	
14	Wed	11:21	4.3			5:01	1.0	5:56	0.6	7:11	4:30	
15	Thu	12:22	3.8	12:09	4.2	5:54	1.1	6:48	0.6	7:12	4:30	
16	Fri	1:06	3.9	12:58	4.1	7:02	1.1	7:42	0.6	7:12	4:30	
17	Sat	1:52	4.1	1:49	4.0	8:11	1.0	8:36	0.4	7:13	4:31	
18	Sun	2:41	4.4	2:47	4.0	9:14	0.7	9:26	0.2	7:14	4:31	
19	Mon	3:35	4.7	3:51	4.1	10:10	0.4	10:15	0.0	7:14	4:31	
20	Tue	4:30	5.1	4:51	4.2	11:04	0.0	11:05	-0.2	7:15	4:32	
21	Wed	5:22	5.5	5:46	4.4	11:57	-0.4	11:56	-0.4	7:15	4:32	
22	Thu	6:12	5.8	6:38	4.6			12:51	-0.6	7:16	4:33	
23	Fri	7:02	6.0	7:30	4.7	12:49	-0.5	1:44	-0.8	7:16	4:33	
24	Sat	7:53	6.1	8:24	4.7	1:44	-0.6	2:36	-1.0	7:17	4:34	
25	Sun	8:47	5.9	9:21	4.7	2:38	-0.6	3:26	-1.0	7:17	4:35	
26	Mon	9:43	5.7	10:21	4.6	3:31	-0.5	4:16	-0.9	7:17	4:35	
27	Tue	10:42	5.4	11:22	4.6	4:24	-0.3	5:07	-0.7	7:18	4:36	
28	Wed	11:41	5.1			5:23	0.0	6:02	-0.5	7:18	4:37	
29	Thu	12:20	4.6	12:37	4.8	6:28	0.2	7:01	-0.3	7:18	4:37	
30	Fri	1:15	4.6	1:31	4.4	7:38	0.4	7:59	-0.1	7:18	4:38	
31	Sat	2:09	4.6	2:27	4.2	8:44	0.4	8:49	0.0	7:19	4:39	