


















## Atlantic Highlands, NJ - Apr 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:04	4.1	5:43	4.0	11:39	0.6	11:44	0.7	6:39	7:20	
2	Sun	5:57	4.3	6:29	4.4			12:21	0.4	6:38	7:21	
3	Mon	6:41	4.5	7:09	4.7	12:30	0.5	1:00	0.2	6:36	7:22	
4	Tue	7:20	4.7	7:45	4.9	1:14	0.3	1:38	0.0	6:34	7:23	
5	Wed	7:56	4.8	8:18	5.1	1:57	0.1	2:16	0.0	6:33	7:24	
6	Thu	8:31	4.8	8:51	5.3	2:39	-0.1	2:52	-0.1	6:31	7:25	
7	Fri	9:06	4.7	9:25	5.3	3:20	-0.2	3:27	0.0	6:30	7:26	
8	Sat	9:43	4.6	10:01	5.4	4:00	-0.2	4:01	0.1	6:28	7:27	
9	Sun	10:26	4.4	10:45	5.3	4:41	-0.1	4:36	0.2	6:26	7:28	
10	Mon	11:16	4.2	11:38	5.2	5:24	0.1	5:16	0.4	6:25	7:29	
11	Tue			12:16	4.1	6:15	0.3	6:05	0.6	6:23	7:30	
12	Wed	12:40	5.1	1:21	4.0	7:20	0.5	7:16	0.8	6:22	7:31	
13	Thu	1:45	5.0	2:26	4.1	8:33	0.5	8:42	0.8	6:20	7:32	
14	Fri	2:51	4.9	3:32	4.3	9:43	0.4	9:59	0.6	6:19	7:33	
15	Sat	3:59	5.0	4:40	4.6	10:43	0.1	11:04	0.3	6:17	7:34	
16	Sun	5:06	5.1	5:42	5.0	11:37	-0.2			6:16	7:35	
17	Mon	6:06	5.3	6:36	5.5	12:02	0.0	12:26	-0.4	6:14	7:36	
18	Tue	6:58	5.4	7:24	5.8	12:55	-0.3	1:13	-0.6	6:13	7:37	
19	Wed	7:45	5.4	8:08	5.9	1:47	-0.5	1:59	-0.6	6:11	7:38	
20	Thu	8:31	5.3	8:50	5.9	2:36	-0.5	2:43	-0.5	6:10	7:39	
21	Fri	9:16	5.1	9:32	5.8	3:23	-0.5	3:25	-0.3	6:08	7:40	
22	Sat	10:02	4.8	10:15	5.5	4:07	-0.3	4:05	0.0	6:07	7:42	
23	Sun	10:50	4.5	10:59	5.2	4:49	-0.1	4:44	0.4	6:05	7:43	
24	Mon	11:41	4.2	11:47	4.8	5:32	0.3	5:23	0.7	6:04	7:44	
25	Tue			12:35	4.0	6:18	0.6	6:06	1.1	6:03	7:45	
26	Wed	12:38	4.5	1:28	3.9	7:11	0.9	7:00	1.4	6:01	7:46	
27	Thu	1:30	4.3	2:20	3.9	8:13	1.1	8:09	1.5	6:00	7:47	
28	Fri	2:22	4.2	3:12	3.9	9:14	1.1	9:19	1.5	5:59	7:48	
29	Sat	3:16	4.2	4:07	4.1	10:08	1.0	10:19	1.3	5:57	7:49	
30	Sun	4:13	4.2	5:00	4.3	10:54	0.8	11:11	1.0	5:56	7:50	