
































Atlantic Highlands, NJ - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:42	5.5	11:21	4.5	4:27	0.3	5:17	0.3	7:25	5:53	
2	Thu	11:33	5.2			5:09	0.7	6:05	0.7	7:27	5:52	
3	Fri	12:17	4.2	12:27	4.8	5:54	1.1	6:59	0.9	7:28	5:51	
4	Sat	1:13	4.1	1:21	4.6	6:48	1.4	8:01	1.1	7:29	5:50	
5	Sun	1:07	4.0	1:14	4.5	6:55	1.6	8:01	1.1	6:30	4:48	
6	Mon	1:59	4.1	2:06	4.4	8:04	1.5	8:54	1.0	6:31	4:47	
7	Tue	2:52	4.2	2:59	4.4	9:04	1.4	9:40	0.8	6:32	4:46	
8	Wed	3:44	4.4	3:53	4.4	9:56	1.1	10:21	0.6	6:34	4:45	
9	Thu	4:33	4.7	4:42	4.5	10:42	0.9	11:00	0.5	6:35	4:44	
10	Fri	5:15	5.0	5:26	4.6	11:27	0.6	11:38	0.4	6:36	4:43	
11	Sat	5:53	5.3	6:06	4.7			12:10	0.4	6:37	4:42	
12	Sun	6:28	5.5	6:44	4.7	12:16	0.3	12:54	0.2	6:38	4:41	
13	Mon	7:03	5.7	7:22	4.6	12:55	0.3	1:38	0.1	6:39	4:40	
14	Tue	7:38	5.7	8:02	4.5	1:35	0.3	2:23	0.0	6:41	4:40	
15	Wed	8:17	5.7	8:46	4.4	2:15	0.3	3:06	0.0	6:42	4:39	
16	Thu	9:03	5.6	9:37	4.3	2:57	0.4	3:51	0.1	6:43	4:38	
17	Fri	9:56	5.5	10:38	4.2	3:41	0.5	4:40	0.2	6:44	4:37	
18	Sat	10:59	5.3	11:44	4.2	4:32	0.6	5:36	0.3	6:45	4:36	
19	Sun			12:03	5.2	5:35	0.8	6:41	0.4	6:46	4:36	
20	Mon	12:47	4.4	1:05	5.1	6:53	0.9	7:46	0.3	6:47	4:35	
21	Tue	1:47	4.6	2:06	5.0	8:10	0.7	8:46	0.1	6:49	4:34	
22	Wed	2:47	4.9	3:07	4.9	9:18	0.5	9:40	-0.1	6:50	4:34	
23	Thu	3:47	5.2	4:09	4.9	10:17	0.2	10:30	-0.3	6:51	4:33	
24	Fri	4:44	5.6	5:05	5.0	11:11	-0.1	11:17	-0.4	6:52	4:33	
25	Sat	5:34	5.8	5:57	5.0			12:02	-0.2	6:53	4:32	
26	Sun	6:20	6.0	6:45	5.0	12:04	-0.4	12:52	-0.3	6:54	4:32	
27	Mon	7:04	5.9	7:31	4.8	12:50	-0.3	1:41	-0.3	6:55	4:31	
28	Tue	7:46	5.8	8:17	4.6	1:36	-0.1	2:27	-0.3	6:56	4:31	
29	Wed	8:29	5.5	9:05	4.4	2:20	0.1	3:11	-0.1	6:57	4:31	
30	Thu	9:13	5.2	9:55	4.2	3:02	0.3	3:53	0.1	6:58	4:30	