

































Atlantic Highlands, NJ - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:38	5.0	2:22	4.3	8:24	0.6	8:36	1.0	5:54	7:52	
2	Thu	2:40	5.0	3:23	4.6	9:29	0.4	9:52	0.7	5:52	7:53	
3	Fri	3:45	5.0	4:27	5.0	10:27	0.1	10:57	0.4	5:51	7:54	
4	Sat	4:50	5.1	5:27	5.4	11:19	-0.2	11:54	0.0	5:50	7:55	
5	Sun	5:51	5.2	6:22	5.9			12:09	-0.4	5:49	7:56	
6	Mon	6:46	5.3	7:12	6.2	12:49	-0.3	12:58	-0.5	5:48	7:57	
7	Tue	7:37	5.3	7:59	6.3	1:43	-0.5	1:47	-0.5	5:47	7:58	
8	Wed	8:27	5.3	8:46	6.2	2:35	-0.5	2:36	-0.4	5:46	7:59	
9	Thu	9:17	5.1	9:33	6.0	3:26	-0.5	3:24	-0.2	5:44	8:00	
10	Fri	10:09	4.9	10:21	5.7	4:14	-0.4	4:10	0.1	5:43	8:01	
11	Sat	11:03	4.6	11:13	5.3	5:00	-0.1	4:55	0.5	5:42	8:02	
12	Sun			12:00	4.4	5:48	0.2	5:42	0.9	5:41	8:03	
13	Mon	12:08	5.0	12:56	4.3	6:39	0.6	6:35	1.2	5:40	8:04	
14	Tue	1:02	4.7	1:49	4.2	7:36	0.8	7:37	1.4	5:39	8:05	
15	Wed	1:54	4.5	2:39	4.2	8:34	0.9	8:44	1.5	5:38	8:06	
16	Thu	2:44	4.3	3:29	4.3	9:28	0.9	9:46	1.4	5:38	8:07	
17	Fri	3:35	4.2	4:21	4.5	10:15	0.8	10:39	1.2	5:37	8:07	
18	Sat	4:30	4.2	5:10	4.7	10:58	0.7	11:28	1.0	5:36	8:08	
19	Sun	5:23	4.2	5:56	5.0	11:38	0.6			5:35	8:09	
20	Mon	6:11	4.3	6:37	5.2	12:13	0.7	12:17	0.6	5:34	8:10	
21	Tue	6:54	4.4	7:14	5.4	12:57	0.5	12:57	0.5	5:33	8:11	
22	Wed	7:34	4.4	7:49	5.6	1:41	0.3	1:37	0.5	5:33	8:12	
23	Thu	8:13	4.4	8:24	5.6	2:26	0.2	2:18	0.6	5:32	8:13	
24	Fri	8:53	4.4	9:02	5.7	3:09	0.1	2:59	0.6	5:31	8:14	
25	Sat	9:35	4.3	9:43	5.6	3:52	0.1	3:41	0.6	5:31	8:15	
26	Sun	10:21	4.3	10:30	5.5	4:34	0.1	4:23	0.7	5:30	8:15	
27	Mon	11:15	4.3	11:26	5.4	5:18	0.2	5:09	0.7	5:30	8:16	
28	Tue			12:14	4.4	6:05	0.3	6:02	0.8	5:29	8:17	
29	Wed	12:26	5.3	1:12	4.5	7:00	0.3	7:09	0.9	5:29	8:18	
30	Thu	1:25	5.2	2:08	4.8	7:59	0.3	8:25	0.9	5:28	8:19	
31	Fri	2:23	5.1	3:05	5.1	9:00	0.2	9:36	0.7	5:28	8:19	