
































Atlantic Highlands, NJ - Jun 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:22	5.0	4:03	5.4	9:57	0.1	10:40	0.5	5:27	8:20	
2	Sun	4:24	4.9	5:03	5.7	10:50	0.0	11:38	0.2	5:27	8:21	
3	Mon	5:27	4.9	5:59	5.9	11:41	-0.1			5:26	8:21	
4	Tue	6:25	4.9	6:50	6.1	12:33	0.0	12:31	-0.1	5:26	8:22	
5	Wed	7:19	4.9	7:39	6.2	1:26	-0.1	1:22	-0.1	5:26	8:23	
6	Thu	8:09	4.9	8:25	6.1	2:19	-0.2	2:12	0.1	5:26	8:23	
7	Fri	8:59	4.8	9:12	5.9	3:09	-0.2	3:02	0.2	5:25	8:24	
8	Sat	9:50	4.7	9:59	5.6	3:56	-0.1	3:49	0.4	5:25	8:25	
9	Sun	10:42	4.6	10:47	5.3	4:40	0.1	4:34	0.7	5:25	8:25	
10	Mon	11:34	4.5	11:37	5.0	5:23	0.3	5:18	0.9	5:25	8:26	
11	Tue			12:27	4.4	6:07	0.5	6:04	1.2	5:25	8:26	
12	Wed	12:27	4.7	1:16	4.4	6:52	0.7	6:57	1.4	5:25	8:27	
13	Thu	1:15	4.5	2:02	4.4	7:41	0.9	7:58	1.5	5:25	8:27	
14	Fri	2:01	4.3	2:47	4.5	8:31	0.9	9:00	1.5	5:25	8:27	
15	Sat	2:47	4.2	3:33	4.6	9:20	1.0	9:58	1.3	5:25	8:28	
16	Sun	3:36	4.1	4:21	4.8	10:06	0.9	10:51	1.1	5:25	8:28	
17	Mon	4:31	4.0	5:09	5.0	10:51	0.9	11:39	0.9	5:25	8:28	
18	Tue	5:27	4.0	5:56	5.2	11:35	0.8			5:25	8:29	
19	Wed	6:19	4.1	6:39	5.5	12:27	0.7	12:18	0.7	5:25	8:29	
20	Thu	7:05	4.3	7:21	5.7	1:14	0.4	1:03	0.7	5:26	8:29	
21	Fri	7:50	4.4	8:02	5.8	2:02	0.2	1:51	0.6	5:26	8:29	
22	Sat	8:34	4.4	8:45	5.9	2:49	0.1	2:39	0.5	5:26	8:30	
23	Sun	9:20	4.5	9:31	5.9	3:35	-0.1	3:27	0.4	5:26	8:30	
24	Mon	10:09	4.6	10:22	5.8	4:19	-0.1	4:15	0.4	5:27	8:30	
25	Tue	11:03	4.7	11:16	5.7	5:03	-0.2	5:04	0.4	5:27	8:30	
26	Wed			12:00	4.9	5:48	-0.1	5:58	0.6	5:27	8:30	
27	Thu	12:13	5.5	12:56	5.1	6:38	0.0	7:00	0.7	5:28	8:30	
28	Fri	1:09	5.3	1:50	5.2	7:32	0.1	8:10	0.8	5:28	8:30	
29	Sat	2:05	5.0	2:44	5.4	8:30	0.1	9:19	0.7	5:29	8:30	
30	Sun	3:01	4.8	3:40	5.5	9:28	0.2	10:24	0.6	5:29	8:30	