
































## Atlantic Highlands, NJ - Sep 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:17	4.8	7:30	5.4	1:17	0.5	1:16	0.7	6:24	7:27	
2	Mon	7:57	5.0	8:08	5.4	1:57	0.4	2:00	0.6	6:25	7:26	
3	Tue	8:35	5.1	8:44	5.3	2:35	0.3	2:42	0.6	6:26	7:24	
4	Wed	9:12	5.2	9:19	5.2	3:11	0.3	3:22	0.6	6:27	7:22	
5	Thu	9:47	5.2	9:53	4.9	3:44	0.4	4:00	0.7	6:28	7:21	
6	Fri	10:22	5.1	10:27	4.7	4:14	0.5	4:36	0.8	6:28	7:19	
7	Sat	10:57	5.0	11:03	4.4	4:43	0.7	5:11	1.0	6:29	7:17	
8	Sun	11:33	4.9	11:44	4.2	5:10	0.9	5:49	1.1	6:30	7:16	
9	Mon			12:15	4.8	5:38	1.1	6:35	1.3	6:31	7:14	
10	Tue	12:34	4.0	1:03	4.8	6:15	1.3	7:39	1.5	6:32	7:12	
11	Wed	1:30	3.9	1:57	4.9	7:11	1.5	8:55	1.4	6:33	7:11	
12	Thu	2:30	3.9	2:58	5.0	8:37	1.5	10:03	1.2	6:34	7:09	
13	Fri	3:35	4.0	4:05	5.2	9:57	1.3	11:00	0.8	6:35	7:07	
14	Sat	4:45	4.3	5:11	5.5	11:01	0.9	11:52	0.4	6:36	7:06	
15	Sun	5:47	4.8	6:10	5.8	11:59	0.5			6:37	7:04	
16	Mon	6:40	5.3	7:01	6.1	12:41	0.0	12:53	0.1	6:38	7:02	
17	Tue	7:29	5.8	7:50	6.3	1:28	-0.3	1:47	-0.2	6:39	7:01	
18	Wed	8:16	6.2	8:38	6.2	2:15	-0.6	2:41	-0.4	6:40	6:59	
19	Thu	9:04	6.4	9:27	6.0	3:02	-0.7	3:33	-0.4	6:41	6:57	
20	Fri	9:53	6.4	10:19	5.7	3:47	-0.6	4:23	-0.3	6:42	6:56	
21	Sat	10:45	6.2	11:14	5.3	4:32	-0.4	5:14	0.0	6:43	6:54	
22	Sun	11:41	5.9			5:19	0.0	6:08	0.3	6:44	6:52	
23	Mon	12:14	4.9	12:39	5.6	6:09	0.4	7:11	0.7	6:45	6:51	
24	Tue	1:14	4.6	1:38	5.3	7:09	0.9	8:21	0.9	6:46	6:49	
25	Wed	2:14	4.4	2:37	5.1	8:18	1.2	9:30	1.0	6:47	6:47	
26	Thu	3:15	4.3	3:37	4.9	9:28	1.3	10:31	0.9	6:48	6:46	
27	Fri	4:17	4.4	4:39	4.9	10:30	1.2	11:21	0.8	6:49	6:44	
28	Sat	5:17	4.5	5:35	5.0	11:23	1.1			6:50	6:42	
29	Sun	6:08	4.8	6:23	5.1	12:05	0.7	12:10	0.9	6:51	6:41	
30	Mon	6:50	5.0	7:03	5.2	12:44	0.5	12:53	0.7	6:52	6:39	