
































Atlantic Highlands, NJ - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:29	4.7	11:45	5.5	5:24	-0.3	5:23	0.2	5:54	7:51	
2	Fri			12:31	4.6	6:19	0.0	6:19	0.6	5:53	7:52	
3	Sat	12:46	5.2	1:31	4.5	7:21	0.3	7:24	0.9	5:52	7:53	
4	Sun	1:44	4.9	2:28	4.4	8:25	0.5	8:35	1.1	5:50	7:54	
5	Mon	2:40	4.6	3:23	4.5	9:26	0.6	9:41	1.1	5:49	7:55	
6	Tue	3:35	4.5	4:18	4.6	10:18	0.6	10:38	1.0	5:48	7:56	
7	Wed	4:32	4.4	5:11	4.8	11:04	0.5	11:28	0.8	5:47	7:57	
8	Thu	5:26	4.4	5:57	5.0	11:44	0.5			5:46	7:58	
9	Fri	6:13	4.4	6:39	5.2	12:13	0.6	12:22	0.4	5:45	7:59	
10	Sat	6:56	4.5	7:16	5.4	12:56	0.5	1:00	0.4	5:44	8:00	
11	Sun	7:35	4.5	7:52	5.5	1:38	0.3	1:38	0.5	5:43	8:01	
12	Mon	8:13	4.4	8:26	5.5	2:20	0.2	2:16	0.5	5:42	8:02	
13	Tue	8:51	4.4	8:59	5.4	3:01	0.2	2:54	0.6	5:41	8:03	
14	Wed	9:28	4.2	9:32	5.3	3:40	0.2	3:31	0.8	5:40	8:04	
15	Thu	10:06	4.1	10:07	5.1	4:18	0.3	4:06	0.9	5:39	8:05	
16	Fri	10:48	4.0	10:48	5.0	4:56	0.4	4:40	1.0	5:38	8:06	
17	Sat	11:36	4.0	11:38	4.9	5:35	0.5	5:18	1.1	5:37	8:07	
18	Sun			12:30	4.0	6:19	0.6	6:06	1.2	5:36	8:08	
19	Mon	12:34	4.9	1:24	4.2	7:12	0.7	7:13	1.2	5:35	8:09	
20	Tue	1:32	4.9	2:17	4.5	8:12	0.6	8:34	1.1	5:34	8:10	
21	Wed	2:30	4.8	3:13	4.8	9:12	0.5	9:46	0.9	5:34	8:11	
22	Thu	3:31	4.8	4:12	5.2	10:08	0.2	10:50	0.5	5:33	8:12	
23	Fri	4:35	4.9	5:12	5.6	11:01	0.0	11:48	0.1	5:32	8:13	
24	Sat	5:39	5.0	6:08	6.0	11:53	-0.2			5:32	8:14	
25	Sun	6:37	5.1	7:01	6.3	12:44	-0.2	12:44	-0.3	5:31	8:14	
26	Mon	7:31	5.2	7:52	6.5	1:40	-0.4	1:37	-0.3	5:30	8:15	
27	Tue	8:25	5.2	8:42	6.4	2:35	-0.5	2:32	-0.3	5:30	8:16	
28	Wed	9:19	5.1	9:35	6.2	3:28	-0.5	3:25	-0.1	5:29	8:17	
29	Thu	10:15	5.0	10:29	5.9	4:19	-0.4	4:16	0.1	5:29	8:18	
30	Fri	11:14	4.8	11:25	5.5	5:08	-0.2	5:07	0.4	5:28	8:18	
31	Sat			12:13	4.7	5:59	0.0	6:00	0.7	5:28	8:19	