

































Atlantic Highlands, NJ - Oct 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:59	3.9	3:18	4.8	9:12	1.6	10:14	1.1	6:53	6:38	
2	Thu	4:00	4.1	4:19	5.0	10:18	1.4	11:05	0.8	6:54	6:36	
3	Fri	4:59	4.5	5:18	5.2	11:14	1.0	11:50	0.4	6:55	6:34	
4	Sat	5:52	4.9	6:11	5.5			12:06	0.6	6:56	6:33	
5	Sun	6:39	5.5	6:58	5.8	12:34	0.1	12:56	0.2	6:57	6:31	
6	Mon	7:23	5.9	7:44	5.9	1:18	-0.2	1:47	-0.1	6:58	6:30	
7	Tue	8:06	6.3	8:30	5.8	2:03	-0.4	2:38	-0.3	6:59	6:28	
8	Wed	8:52	6.4	9:18	5.6	2:49	-0.4	3:29	-0.3	7:00	6:26	
9	Thu	9:40	6.4	10:11	5.4	3:34	-0.4	4:19	-0.3	7:01	6:25	
10	Fri	10:33	6.2	11:09	5.0	4:21	-0.2	5:11	0.0	7:02	6:23	
11	Sat	11:31	5.9			5:10	0.1	6:07	0.3	7:03	6:22	
12	Sun	12:12	4.8	12:35	5.6	6:05	0.5	7:12	0.6	7:04	6:20	
13	Mon	1:17	4.6	1:38	5.3	7:11	0.9	8:24	0.8	7:05	6:19	
14	Tue	2:20	4.5	2:40	5.1	8:26	1.1	9:32	0.7	7:06	6:17	
15	Wed	3:22	4.6	3:42	5.0	9:38	1.1	10:30	0.6	7:07	6:16	
16	Thu	4:23	4.7	4:43	5.0	10:40	0.9	11:20	0.5	7:08	6:14	
17	Fri	5:21	4.9	5:38	5.0	11:33	0.8			7:09	6:13	
18	Sat	6:10	5.2	6:25	5.1	12:03	0.4	12:20	0.6	7:10	6:11	
19	Sun	6:52	5.4	7:07	5.1	12:42	0.3	1:03	0.5	7:11	6:10	
20	Mon	7:30	5.6	7:45	5.0	1:20	0.3	1:46	0.4	7:12	6:08	
21	Tue	8:06	5.6	8:21	4.9	1:57	0.3	2:27	0.3	7:14	6:07	
22	Wed	8:40	5.6	8:58	4.7	2:33	0.4	3:07	0.4	7:15	6:05	
23	Thu	9:14	5.5	9:34	4.5	3:08	0.6	3:46	0.4	7:16	6:04	
24	Fri	9:48	5.3	10:12	4.3	3:41	0.7	4:23	0.6	7:17	6:03	
25	Sat	10:22	5.1	10:53	4.1	4:14	0.9	5:00	0.8	7:18	6:01	
26	Sun	11:01	4.9	11:42	3.9	4:45	1.1	5:39	1.0	7:19	6:00	
27	Mon	11:49	4.7			5:19	1.3	6:26	1.1	7:20	5:59	
28	Tue	12:37	3.8	12:44	4.7	6:02	1.5	7:25	1.2	7:21	5:57	
29	Wed	1:33	3.8	1:42	4.7	7:07	1.6	8:31	1.1	7:23	5:56	
30	Thu	2:27	4.0	2:39	4.7	8:34	1.5	9:31	0.9	7:24	5:55	
31	Fri	3:22	4.3	3:38	4.8	9:47	1.2	10:24	0.6	7:25	5:54	