






























Atlantic Highlands, NJ - Feb 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:53	5.5	7:23	4.8	12:39	-0.7	1:28	-1.0	7:05	5:14	
2	Mon	7:40	5.5	8:11	4.9	1:31	-0.8	2:14	-1.1	7:04	5:15	
3	Tue	8:26	5.3	8:57	4.9	2:20	-0.8	2:57	-1.0	7:03	5:16	
4	Wed	9:10	5.1	9:43	4.8	3:06	-0.6	3:36	-0.9	7:02	5:18	
5	Thu	9:55	4.7	10:29	4.6	3:49	-0.4	4:14	-0.6	7:00	5:19	
6	Fri	10:40	4.3	11:15	4.5	4:31	-0.1	4:50	-0.2	6:59	5:20	
7	Sat	11:26	4.0			5:15	0.2	5:28	0.1	6:58	5:21	
8	Sun	12:00	4.3	12:13	3.7	6:05	0.5	6:11	0.4	6:57	5:22	
9	Mon	12:45	4.2	1:01	3.4	7:04	0.7	7:05	0.7	6:56	5:24	
10	Tue	1:32	4.0	1:53	3.2	8:10	0.8	8:08	0.8	6:55	5:25	
11	Wed	2:25	4.0	2:53	3.1	9:12	0.7	9:10	0.8	6:54	5:26	
12	Thu	3:24	4.0	3:58	3.2	10:08	0.6	10:06	0.6	6:52	5:27	
13	Fri	4:25	4.2	4:56	3.4	10:57	0.3	10:56	0.4	6:51	5:28	
14	Sat	5:17	4.4	5:45	3.7	11:43	0.1	11:44	0.2	6:50	5:30	
15	Sun	6:01	4.7	6:26	4.0			12:27	-0.2	6:49	5:31	
16	Mon	6:40	4.9	7:04	4.3	12:30	0.0	1:08	-0.4	6:47	5:32	
17	Tue	7:18	5.0	7:41	4.5	1:14	-0.2	1:48	-0.6	6:46	5:33	
18	Wed	7:56	5.1	8:18	4.7	1:58	-0.4	2:26	-0.7	6:45	5:34	
19	Thu	8:35	5.0	8:57	4.8	2:41	-0.5	3:02	-0.7	6:43	5:36	
20	Fri	9:17	4.8	9:40	4.9	3:23	-0.5	3:38	-0.7	6:42	5:37	
21	Sat	10:04	4.6	10:29	4.9	4:06	-0.4	4:16	-0.6	6:40	5:38	
22	Sun	10:57	4.3	11:24	4.9	4:55	-0.2	4:59	-0.3	6:39	5:39	
23	Mon	11:56	4.0			5:54	0.1	5:53	-0.1	6:38	5:40	
24	Tue	12:23	4.8	12:59	3.8	7:08	0.3	7:04	0.2	6:36	5:41	
25	Wed	1:26	4.7	2:05	3.7	8:25	0.3	8:22	0.2	6:35	5:43	
26	Thu	2:34	4.7	3:16	3.8	9:34	0.1	9:34	0.1	6:33	5:44	
27	Fri	3:47	4.7	4:27	4.0	10:34	-0.1	10:36	-0.1	6:32	5:45	
28	Sat	4:53	4.9	5:27	4.4	11:28	-0.4	11:33	-0.3	6:30	5:46	