

































## Atlantic Highlands, NJ - Oct 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:48	5.1	7:04	5.1	12:36	0.5	12:58	0.7	6:53	6:37	
2	Mon	7:25	5.3	7:41	5.2	1:13	0.4	1:40	0.6	6:54	6:36	
3	Tue	7:59	5.4	8:17	5.1	1:50	0.4	2:21	0.5	6:55	6:34	
4	Wed	8:31	5.5	8:52	5.0	2:27	0.4	3:01	0.5	6:56	6:32	
5	Thu	9:02	5.5	9:26	4.8	3:02	0.5	3:39	0.5	6:57	6:31	
6	Fri	9:31	5.4	10:01	4.6	3:35	0.6	4:16	0.6	6:58	6:29	
7	Sat	10:03	5.3	10:41	4.3	4:08	0.7	4:53	0.8	6:59	6:28	
8	Sun	10:42	5.2	11:29	4.2	4:40	0.9	5:33	0.9	7:00	6:26	
9	Mon	11:32	5.1			5:17	1.0	6:22	1.1	7:01	6:24	
10	Tue	12:28	4.1	12:34	5.1	6:05	1.1	7:27	1.1	7:02	6:23	
11	Wed	1:30	4.2	1:39	5.1	7:14	1.2	8:40	1.0	7:03	6:21	
12	Thu	2:31	4.4	2:43	5.2	8:38	1.1	9:44	0.8	7:04	6:20	
13	Fri	3:33	4.7	3:49	5.3	9:53	0.9	10:41	0.4	7:05	6:18	
14	Sat	4:36	5.1	4:54	5.4	10:57	0.5	11:32	0.0	7:06	6:17	
15	Sun	5:36	5.6	5:54	5.6	11:54	0.1			7:07	6:15	
16	Mon	6:30	6.1	6:48	5.8	12:21	-0.3	12:49	-0.3	7:08	6:14	
17	Tue	7:19	6.5	7:39	5.8	1:09	-0.5	1:43	-0.5	7:09	6:12	
18	Wed	8:07	6.6	8:28	5.7	1:58	-0.6	2:35	-0.5	7:11	6:11	
19	Thu	8:55	6.6	9:18	5.5	2:47	-0.5	3:27	-0.5	7:12	6:09	
20	Fri	9:44	6.4	10:11	5.2	3:35	-0.3	4:16	-0.3	7:13	6:08	
21	Sat	10:36	6.0	11:07	4.9	4:22	0.0	5:05	0.0	7:14	6:06	
22	Sun	11:31	5.6			5:10	0.4	5:56	0.3	7:15	6:05	
23	Mon	12:06	4.6	12:28	5.3	6:00	0.8	6:51	0.7	7:16	6:04	
24	Tue	1:05	4.4	1:25	5.0	6:59	1.2	7:53	0.9	7:17	6:02	
25	Wed	2:01	4.3	2:18	4.8	8:06	1.4	8:54	1.0	7:18	6:01	
26	Thu	2:54	4.3	3:11	4.6	9:13	1.4	9:49	0.9	7:19	6:00	
27	Fri	3:48	4.4	4:05	4.6	10:12	1.3	10:36	0.8	7:21	5:58	
28	Sat	4:41	4.6	4:58	4.6	11:02	1.1	11:18	0.7	7:22	5:57	
29	Sun	5:30	4.8	5:47	4.6	11:48	0.9	11:57	0.5	7:23	5:56	
30	Mon	6:13	5.1	6:32	4.7			12:31	0.7	7:24	5:55	
31	Tue	6:52	5.3	7:12	4.8	12:35	0.5	1:13	0.5	7:25	5:53	