

































Atlantic Highlands, NJ - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:32	5.5	8:08	4.5	1:26	-0.4	2:20	-0.7	7:19	4:40	
2	Tue	8:14	5.5	8:56	4.6	2:14	-0.5	3:02	-0.8	7:19	4:41	
3	Wed	9:02	5.4	9:44	4.7	3:02	-0.5	3:44	-0.8	7:19	4:42	
4	Thu	9:56	5.2	10:38	4.7	3:50	-0.5	4:26	-0.7	7:19	4:43	
5	Fri	10:50	4.9	11:32	4.8	4:44	-0.3	5:14	-0.6	7:19	4:44	
6	Sat	11:44	4.6			5:38	-0.1	6:08	-0.4	7:19	4:45	
7	Sun	12:32	4.9	12:44	4.4	6:50	0.1	7:08	-0.2	7:19	4:46	
8	Mon	1:26	4.9	1:44	4.1	7:56	0.2	8:14	-0.2	7:18	4:47	
9	Tue	2:26	4.9	2:44	4.0	9:08	0.1	9:14	-0.2	7:18	4:48	
10	Wed	3:26	5.0	3:56	3.9	10:08	-0.1	10:14	-0.2	7:18	4:49	
11	Thu	4:32	5.0	4:56	4.0	11:02	-0.3	11:08	-0.3	7:18	4:50	
12	Fri	5:26	5.2	5:56	4.2	11:56	-0.4			7:17	4:51	
13	Sat	6:20	5.3	6:44	4.3	12:02	-0.3	12:44	-0.5	7:17	4:52	
14	Sun	7:02	5.3	7:26	4.4	12:50	-0.3	1:32	-0.6	7:17	4:53	
15	Mon	7:44	5.2	8:14	4.4	1:38	-0.3	2:14	-0.7	7:16	4:54	
16	Tue	8:26	5.0	8:56	4.4	2:20	-0.3	2:56	-0.6	7:16	4:55	
17	Wed	9:08	4.8	9:38	4.3	3:02	-0.2	3:32	-0.5	7:15	4:56	
18	Thu	9:50	4.5	10:20	4.2	3:44	0.0	4:02	-0.3	7:15	4:57	
19	Fri	10:32	4.2	11:02	4.1	4:20	0.2	4:38	-0.1	7:14	4:59	
20	Sat	11:14	4.0	11:44	4.0	5:02	0.5	5:14	0.1	7:14	5:00	
21	Sun			12:02	3.7	5:44	0.7	5:50	0.3	7:13	5:01	
22	Mon	12:26	4.0	12:44	3.5	6:44	0.8	6:44	0.5	7:13	5:02	
23	Tue	1:08	4.0	1:32	3.4	7:50	0.9	7:44	0.6	7:12	5:03	
24	Wed	1:56	4.0	2:32	3.3	8:56	0.8	8:44	0.5	7:11	5:05	
25	Thu	2:56	4.1	3:32	3.4	9:56	0.5	9:44	0.4	7:10	5:06	
26	Fri	3:56	4.4	4:38	3.6	10:44	0.2	10:38	0.1	7:10	5:07	
27	Sat	4:56	4.7	5:32	3.9	11:38	-0.1	11:26	-0.2	7:09	5:08	
28	Sun	5:44	5.0	6:20	4.2			12:26	-0.5	7:08	5:09	
29	Mon	6:32	5.3	7:02	4.6	12:20	-0.5	1:08	-0.8	7:07	5:11	
30	Tue	7:14	5.5	7:50	4.9	1:14	-0.7	1:56	-1.0	7:06	5:12	
31	Wed	8:02	5.6	8:32	5.1	2:02	-0.9	2:38	-1.2	7:05	5:13	