



Atlantic Highlands, NJ - Mar 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:43	5.6	8:13	5.7	1:45	-1.1	2:13	-1.2	6:28	5:47	☉
2	Fri	8:31	5.5	9:02	5.7	2:36	-1.2	2:58	-1.2	6:27	5:48	☉
3	Sat	9:22	5.2	9:54	5.6	3:25	-1.1	3:43	-1.1	6:25	5:50	☉
4	Sun	10:17	4.9	10:50	5.4	4:15	-0.9	4:29	-0.7	6:24	5:51	☾
5	Mon	11:15	4.5	11:47	5.1	5:09	-0.5	5:21	-0.3	6:22	5:52	☾
6	Tue			12:15	4.2	6:10	-0.1	6:22	0.1	6:21	5:53	☾
7	Wed	12:46	4.9	1:15	4.0	7:19	0.2	7:32	0.4	6:19	5:54	☾
8	Thu	1:45	4.6	2:17	3.9	8:28	0.3	8:43	0.5	6:17	5:55	☾
9	Fri	2:47	4.5	3:22	3.9	9:31	0.3	9:45	0.4	6:16	5:56	☾
10	Sat	3:51	4.5	4:25	4.0	10:25	0.1	10:39	0.3	6:14	5:57	☾
11	Sun	5:49	4.6	6:18	4.3			12:12	0.0	7:13	6:58	☾
12	Mon	6:38	4.7	7:02	4.5	12:28	0.1	12:55	-0.1	7:11	6:59	☾
13	Tue	7:20	4.8	7:41	4.7	1:13	0.0	1:34	-0.2	7:09	7:01	☾
14	Wed	7:59	4.8	8:18	4.9	1:55	-0.1	2:12	-0.3	7:08	7:02	☾
15	Thu	8:36	4.8	8:52	4.9	2:37	-0.2	2:49	-0.3	7:06	7:03	☾
16	Fri	9:12	4.6	9:26	4.9	3:16	-0.2	3:23	-0.2	7:05	7:04	☾
17	Sat	9:47	4.5	9:57	4.8	3:52	-0.1	3:55	-0.1	7:03	7:05	☾
18	Sun	10:23	4.2	10:28	4.7	4:27	0.0	4:26	0.1	7:01	7:06	☾
19	Mon	11:01	4.0	11:01	4.6	5:02	0.2	4:56	0.3	7:00	7:07	☾
20	Tue	11:42	3.8	11:40	4.4	5:37	0.4	5:27	0.5	6:58	7:08	☾
21	Wed			12:30	3.7	6:18	0.6	6:05	0.7	6:56	7:09	☾
22	Thu	12:30	4.4	1:23	3.6	7:14	0.8	7:00	0.8	6:55	7:10	☾
23	Fri	1:27	4.4	2:20	3.7	8:28	0.8	8:20	0.9	6:53	7:11	☾
24	Sat	2:29	4.4	3:22	3.8	9:39	0.7	9:39	0.7	6:51	7:12	☾
25	Sun	3:35	4.5	4:27	4.1	10:38	0.4	10:46	0.3	6:50	7:13	☾
26	Mon	4:45	4.8	5:29	4.6	11:31	0.0	11:45	-0.1	6:48	7:14	☾
27	Tue	5:48	5.1	6:24	5.2			12:20	-0.4	6:46	7:15	☉
28	Wed	6:43	5.4	7:14	5.7	12:40	-0.5	1:09	-0.7	6:45	7:16	☉
29	Thu	7:34	5.5	8:02	6.0	1:34	-0.8	1:58	-0.9	6:43	7:17	☉
30	Fri	8:23	5.6	8:50	6.2	2:28	-1.0	2:46	-1.0	6:42	7:18	☉
31	Sat	9:14	5.5	9:40	6.2	3:20	-1.1	3:34	-1.0	6:40	7:19	☉