

































Atlantic Highlands, NJ - Jul 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:34	4.8	6:08	0.3	6:30	1.1	5:29	8:30	
2	Mon	12:44	4.7	1:20	4.8	6:50	0.6	7:25	1.3	5:30	8:30	
3	Tue	1:30	4.5	2:04	4.7	7:36	0.8	8:25	1.4	5:31	8:29	
4	Wed	2:16	4.2	2:48	4.8	8:26	0.9	9:25	1.4	5:31	8:29	
5	Thu	3:04	4.1	3:34	4.8	9:17	1.0	10:21	1.2	5:32	8:29	
6	Fri	3:58	4.0	4:25	4.9	10:09	1.0	11:12	1.0	5:32	8:29	
7	Sat	4:57	4.0	5:18	5.0	10:59	0.9			5:33	8:28	
8	Sun	5:53	4.1	6:08	5.2	12:01	0.8	11:47 AM	0.8	5:34	8:28	
9	Mon	6:43	4.3	6:52	5.4	12:47	0.6	12:34	0.7	5:34	8:28	
10	Tue	7:27	4.4	7:34	5.6	1:33	0.4	1:21	0.6	5:35	8:27	
11	Wed	8:10	4.6	8:14	5.8	2:19	0.2	2:09	0.4	5:36	8:27	
12	Thu	8:52	4.8	8:55	5.8	3:02	0.0	2:57	0.3	5:36	8:26	
13	Fri	9:36	4.9	9:39	5.8	3:44	-0.2	3:43	0.2	5:37	8:26	
14	Sat	10:22	5.1	10:25	5.6	4:24	-0.2	4:29	0.2	5:38	8:25	
15	Sun	11:12	5.2	11:17	5.4	5:04	-0.2	5:17	0.3	5:39	8:25	
16	Mon			12:05	5.4	5:46	-0.1	6:10	0.4	5:39	8:24	
17	Tue	12:12	5.2	1:00	5.5	6:33	0.0	7:11	0.6	5:40	8:23	
18	Wed	1:10	4.9	1:54	5.6	7:29	0.2	8:21	0.7	5:41	8:23	
19	Thu	2:08	4.7	2:50	5.6	8:32	0.3	9:31	0.7	5:42	8:22	
20	Fri	3:08	4.6	3:50	5.6	9:37	0.4	10:35	0.5	5:43	8:21	
21	Sat	4:15	4.5	4:54	5.7	10:39	0.4	11:34	0.3	5:44	8:21	
22	Sun	5:23	4.5	5:56	5.8	11:38	0.3			5:44	8:20	
23	Mon	6:25	4.7	6:50	5.9	12:29	0.1	12:33	0.2	5:45	8:19	
24	Tue	7:19	4.9	7:39	5.9	1:21	0.0	1:26	0.2	5:46	8:18	
25	Wed	8:08	5.0	8:25	5.9	2:10	-0.1	2:17	0.2	5:47	8:17	
26	Thu	8:54	5.1	9:09	5.8	2:56	-0.2	3:05	0.3	5:48	8:16	
27	Fri	9:39	5.1	9:52	5.5	3:38	-0.2	3:49	0.4	5:49	8:15	
28	Sat	10:23	5.0	10:35	5.2	4:16	0.0	4:31	0.5	5:50	8:14	
29	Sun	11:07	5.0	11:19	4.9	4:52	0.1	5:11	0.7	5:51	8:13	
30	Mon	11:51	4.9			5:27	0.4	5:53	1.0	5:52	8:12	
31	Tue	12:04	4.6	12:35	4.8	6:02	0.6	6:39	1.2	5:53	8:11	