

































Atlantic Highlands, NJ - Aug 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:50	4.4	1:18	4.8	6:41	0.8	7:34	1.4	5:54	8:10	
2	Thu	1:36	4.2	2:01	4.7	7:27	1.1	8:37	1.5	5:55	8:09	
3	Fri	2:24	4.0	2:47	4.7	8:24	1.2	9:40	1.4	5:55	8:08	
4	Sat	3:17	3.9	3:38	4.8	9:25	1.2	10:37	1.2	5:56	8:07	
5	Sun	4:16	3.9	4:36	4.9	10:23	1.1	11:29	0.9	5:57	8:06	
6	Mon	5:17	4.1	5:32	5.2	11:16	0.9			5:58	8:05	
7	Tue	6:12	4.3	6:23	5.5	12:17	0.7	12:07	0.7	5:59	8:03	
8	Wed	6:59	4.7	7:09	5.7	1:03	0.4	12:57	0.4	6:00	8:02	
9	Thu	7:43	5.0	7:52	5.9	1:48	0.1	1:47	0.2	6:01	8:01	
10	Fri	8:26	5.3	8:35	6.0	2:33	-0.2	2:37	0.0	6:02	8:00	
11	Sat	9:11	5.5	9:20	5.9	3:16	-0.3	3:26	-0.1	6:03	7:58	
12	Sun	9:57	5.7	10:08	5.8	3:58	-0.4	4:15	-0.1	6:04	7:57	
13	Mon	10:48	5.8	11:01	5.5	4:39	-0.4	5:04	0.0	6:05	7:56	
14	Tue	11:42	5.8	11:57	5.2	5:23	-0.2	5:56	0.2	6:06	7:54	
15	Wed			12:38	5.8	6:11	0.0	6:56	0.5	6:07	7:53	
16	Thu	12:57	4.9	1:36	5.7	7:07	0.3	8:05	0.7	6:08	7:52	
17	Fri	1:57	4.7	2:34	5.6	8:14	0.5	9:16	0.7	6:09	7:50	
18	Sat	2:59	4.5	3:35	5.5	9:23	0.7	10:21	0.7	6:10	7:49	
19	Sun	4:04	4.5	4:39	5.5	10:28	0.6	11:19	0.5	6:11	7:47	
20	Mon	5:11	4.6	5:41	5.5	11:27	0.6			6:12	7:46	
21	Tue	6:11	4.8	6:34	5.6	12:12	0.3	12:20	0.5	6:13	7:44	
22	Wed	7:02	5.0	7:21	5.7	12:59	0.2	1:10	0.4	6:14	7:43	
23	Thu	7:47	5.2	8:03	5.7	1:44	0.1	1:57	0.3	6:15	7:41	
24	Fri	8:28	5.3	8:43	5.6	2:26	0.0	2:42	0.3	6:16	7:40	
25	Sat	9:07	5.3	9:22	5.4	3:05	0.1	3:24	0.4	6:17	7:38	
26	Sun	9:46	5.3	10:01	5.1	3:41	0.1	4:04	0.5	6:18	7:37	
27	Mon	10:24	5.2	10:41	4.8	4:15	0.3	4:41	0.7	6:19	7:35	
28	Tue	11:03	5.0	11:24	4.6	4:47	0.5	5:19	0.9	6:20	7:34	
29	Wed	11:43	4.9			5:19	0.7	5:59	1.1	6:21	7:32	
30	Thu	12:09	4.3	12:26	4.8	5:53	1.0	6:47	1.4	6:22	7:31	
31	Fri	12:58	4.1	1:12	4.7	6:33	1.2	7:48	1.5	6:23	7:29	